

# The Perley Post

Vol. 16 - December 2025



Perley Health, Ottawa, Ontario



## Christmas Variety Show 2025

The 2025 Perley Health Christmas Variety Show brought our community together for a celebration of holiday spirit and fun. This year's show featured 15 performances by our talented ensemble of residents, tenants, staff, volunteers and family. The afternoon was filled with magic, including a heartwarming reading of 'Twas Night Before Christmas, a special visit from Santa himself, and a nostalgic rendition of 'Honky the Christmas Goose'.

Thank you to the Therapeutic Recreation and Creative Arts team for hosting this annual highlight.

Photo credit: Andréa Fabricius.

Visit [PerleyHealth.ca/blog](https://PerleyHealth.ca/blog) for more photos from the Christmas Variety Show!

## Operation Santa Claus: Spreading Christmas Cheer

This Christmas, members of the Canadian Armed Forces (CAF) who are deployed overseas will be receiving Christmas cards from residents at Perley Health. Operation Santa Claus, an initiative of the Canadian Forces Morale and Welfare Services (CFMWS), aims to deliver holiday cheer and a sense of home to deployed CAF members. As part of the gift packages being sent, CFMWS reached out to Perley Health Creative Arts Instructor, Andréa Fabricius, to participate.

"It's such an honour to have our Veterans give strength and support to our deployed members, because they've been there before and they know how amazing it is to receive a message from back home during the holidays," says Andréa.

With Andréa's encouragement, MWO Gail Fugere (Ret'd), MMM, SSM, CD, a Veteran resident at Perley Health, designed and painted 200 cards. The cards were then distributed across Perley Health where the community came together to write holiday messages.

Perley Health would like to wish all members of the Canadian Armed Forces who have served, or are serving, a very Merry Christmas and Happy New Year!



**MWO Gail Fugere (Ret'd), MMM, SSM, CD, a Veteran resident at Perley Health, making Christmas cards to send to Canadian Armed Forces (CAF) members who are deployed overseas.**

## Events

### Friday, December 19

- Hannuakah Celebration – 2 pm, Games Room

### Sunday, December 21

- Winter Solstice Hymn Sing Choir - 2:30 pm, Lupton Hall

### December 24 and 31 – The Pub

- A special holiday happy hour in the pub from 1:30 pm to 3:00 pm, December 24 and 31
- The regularly schedule resident ice cream service in the Pub is canceled December 24 and 31.

### December 31, 2025

- New Year's Eve with Johnny Vegas, 2:00 pm, Cafeteria



## Perley Health Community of Care Expansion

Perley Health has taken a big step toward significantly increasing the number of people it serves. Earlier this month, Perley Health’s Board of Directors approved the next step in the planning and design of a new on-site building that will provide long-term care for an additional 120 residents. Over the next few months, Perley Health will work through the required processes in preparation for provincial and municipal approvals. The current target date for occupancy is the end of 2028.

While we are moving through the next steps, Perley Health is engaging in open and transparent communication through a dedicated project website that includes a link to an online survey.

- For more details, and to access the survey, please visit our dedicated webpage: [PerleyHealth.ca/expansion](https://PerleyHealth.ca/expansion)

The survey will remain open until early March, and the feedback gathered will help guide the project’s design and development.

The expansion project would help meet growing demand for long-term care. Across Ontario, more than 48,000 people are currently on wait lists for long-term care. Today, there are more than 1,000 people on the waitlist for long-term care at Perley

Health. In the Ottawa area, in the future, demand for long-term care is expected to increase by more than 43 percent. Funding for the project will be secured through a combination of public and private sources. In August, the Government of Ontario introduced a new Construction Funding Program to facilitate access to capital for long-term care home expansions. In addition, philanthropic contributions will play a vital role in supporting the initiative.

Perley Health is a unique community of care that prioritizes Seniors and Veterans. Currently, more than 600 people live here: 450 in long-term care and another 150 in independent-living apartments. It also provides short-stay accommodations, along with a growing range of therapeutic and clinical programs and services to Seniors and Veterans. The Perley is also a centre for research, education, and clinical innovation. The on-site Centre of Excellence in Frailty-Informed Care™, established in 2019, conducts and shares the practical research to improve care for Seniors and Veterans.

The planned expansion is the latest example of the Perley’s remarkable and ongoing evolution. In September, the Active

Seniors and Veterans Living Centre by Perley Health opened. The Centre provides a wide range of affordable, accessible programming—from fitness and recreation to mental wellness and peer connection—all tailored to support engaged, purposeful aging. In the new year, an on-site 49-space childcare centre, in partnership with Andrew Fleck Children’s Services, is scheduled to open. The childcare centre will feature innovative intergenerational programming.

We appreciate your support by completing the short survey.

If you have any questions or comments, please email [info@PerleyHealth.ca](mailto:info@PerleyHealth.ca)

Akos Hoffer, CEO  
Perley Health



Scan  
to view  
updates.

[PerleyHealth.ca/expansion](https://PerleyHealth.ca/expansion)

## 2025 - Highlights



Stay connected with our community: Visit [PerleyHealth.ca/blog](https://PerleyHealth.ca/blog) for year-round updates.

**Thank you** to everyone who have shared stories and photos with us this year. Your contributions to the Perley Post, Blog, various newsletters, and social media bring so much joy to our community. We wish you a safe and happy holiday season.

- The Communications Team: Jay Innes, and Tom Lilly (Contact: [info@perleyhealth.ca](mailto:info@perleyhealth.ca))