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New 10-Year Strategy Unveiled

Shaping the Future of Aging - Expanding Access, Advancing Quality of Life



On Monday, November 2, CEO Akos Hoffer hosted the 15th engagement session to share Perley Health's new 10-year strategy with community members.

In early October, meetings with staff and volunteers began with a full day of meetings before the leadership team fanned out to engage residents, tenants, clients and family members.

The Board of Directors recently approved a new Strategic Plan that will guide the organization for the next ten years. To develop the plan, consultations were held with various groups, including residents, tenants and their families. The Strategic Plan is informed by several key considerations, such as current and future changes in the Canadian population resulting in an increased demand for care and growing waiting lists for long-term care. The increase in burnout among both professional and non-professional caregivers also influenced the plan. These and other factors point toward the need not only for better care, but also for better ways to deliver that care while elevating quality of life for our community.

To tackle these challenges and meet the objective of doubling the number of Veterans and Seniors Served by 2035, Perley will need to leverage its strengths; a talented, dedicated staff, a determined volunteer corps, strong donor support and the research and innovations that will emerge from the Perley Health Centre of Excellence.

The Strategic Plan sets out new vision and mission statements, and re-commits to the values of Respect, Integrity, Compassion and Empathy.

- **Our new vision:** Veterans and Seniors living with purpose, joy, and belonging, wherever they call home.
- **Our new mission:** Elevate the quality of life for members of our community through care, learning, research, and advocacy.

To read the entire strategic plan, watch a video introduction, please visit our webpage: **PerleyHealth.ca/strategic-plan**.



The Perley Health team from Volunteer Services, supported by volunteers, supporters and nominators celebrates winning the Outstanding Volunteer Program Award, sponsored by the Kin Club of Russell, at the 2026 VOscars Volunteer Awards Gala.

Perley Health Takes Home Outstanding Volunteer Program Award

On October 22, the team from the Perley Health volunteer program was awarded the Outstanding Volunteer Program Award at the 2026 VOscars Volunteer Awards Gala Volunteer Ottawa.

"Perley Health's mission is focused on Veterans and Seniors living with purpose, joy, and belonging," said Rachel Stoparczyk, Manager of Volunteer Services, Perley Health.

"This is reflected not only in the quality of life we seek for those in our care, but in how we engage our community in this work."

Accepting the award alongside family, volunteers and supporters in attendance, Rachel recognized and thanked her colleagues, the nominators, and the team of 430 volunteers who make all this work possible. She pointed out that volunteers ranging in age from 13 to 92 are a diverse and dedicated group that brings together distinct talents, backgrounds, and perspectives to support the Perley Health Community of Care.

As Rachel noted: "There is an outstanding group of volunteers here this evening who will be happy to tell you how much purpose, joy, and belonging they find through their involvement with Perley Health."

In her remarks, Rachel thanked Volunteer Ottawa, where her journey began nearly 25 years ago. It was there that she first discovered the local volunteer sector - including Perley Health, formerly The Perley and Rideau Veterans' Health Centre.

To every single volunteer who shares their time, energy, and heart with the Veterans and Seniors of Perley Health, thank you for enriching our community!

Halloween Concert

On Friday, October 30th, the Cafeteria was transformed into a ghoulish celebration for Halloween as members of the Perley Health community of care gathered for the annual concert and costume competition. Sponsored by Therapeutic Recreation and Creative Arts, Staff Association and Volunteer Services, contestants dressed up to parade for the best Halloween costume in four categories: residents; tenants; volunteers and staff. Thanks to everyone who turned out to celebrate the day.

Costume Winners:



Residents:
Roly Lalonde
- Scarecrow



Tenants:
Bea Seal
- Clown



Volunteers:
Tony Cobden
- Skeleton



Staff:
Ashley & Kendra
- Cow & Cowgirl

Poppy Campaign Begins

By Brooke Lapierre, Veteran Liaison Coordinator

This year the annual Poppy Tea hosted by the Royal Canadian Legion took place at Perley Health on Thursday October 22nd. Each year this gathering happens shortly before the launch of the Legion's Poppy Campaign. Members of the Legion present our Veteran residents with the First Poppy to thank them for their service and honour the sacrifices they have made.

Each year during this important event we honour the oldest male and female Veteran residing at Perley Health. This year's extraordinary individuals are Armand Savoie, 107, Canadian Air Force Veteran, and Lucille Lane, 104, Canadian Navy Veteran.

On October 21, Veterans and staff from Perley Health visited Rideau Hall as Her Excellency the Right Honourable Louise Arbour, Governor General and Commander-in-Chief of Canada, received the First Poppy of 2026. The event marks the start of the National Poppy Campaign.



Armand Savoie, 107



Lucille Lane, 104



Roland Lalonde and Dasha join the ribbons symbolizing the connections created by the Intergenerational Early Learning Centre.

Ribbon Joining Celebrations Across Generations

On Wednesday, September 16, babies, toddlers and families were joined by Veterans, Seniors and other dignitaries to officially open the Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health.

The purpose-built centre provides licensed early learning and care for 49 children and has been designed to foster meaningful interaction between children, Seniors and Veterans as part of everyday life at Perley Health. As a symbol of the connections between generations, children and staff participated in a sunflower procession and joined in a singalong to *You Are My Sunshine* before linking homemade ribbons.

The Perley Health Centre of Excellence in Frailty-Informed Care™ is studying and co-designing intergenerational programming to better understand what creates meaningful, sustainable relationships across generations and how those lessons could benefit other long-term care providers and the Canadian communities they serve.



We are proud to announce that Rodelio Lasco has been awarded the CHESA Award of Excellence. Rodelio was recognized for his dedication, professionalism, and commitment to creating a clean, safe, and welcoming environment for those we serve. The CHESA Award of Excellence honors individuals and teams who make exceptional contributions to Healthcare Environmental Services across Canada. Please see the attached picture of Rodelio as well the Housekeeping team who do amazing work every day!

Remembrance Day at Perley Health — Wednesday, November 11

Join us in honouring our Veterans this Remembrance Day.

Please note the schedule of events, service updates, and other news:

- **Remembrance Day Service:** 10:45 am in the Cafeteria. We ask everyone to be seated by 10:30 am.
  - Due to limited space, seating is reserved for residents and one accompanying family member (not open to the general public; media may be present).
- **Special Concert:** 2:00 pm in Lupton Hall, featuring a live performance by Garth Hampson and Friends.
- **Parking:** Free for all visitors throughout the day.
- **Cafeteria:** Open 8:00 am – 9:00 am; closed 9:00 am – 11:30 am for the service; reopens at 11:30 am.
  - Watch common-area TV screens and posters for the special Remembrance Day menu.
- **Pub & Amenities:** The Pub is open from 1:00 pm to 3:30 pm. The Ice Cream Parlour is closed for the day.
- **Hair Salon:** Closed on Wednesday, November 11. To accommodate appointments ahead of the holiday, the salon will be open on Tuesday, November 10, from 9:30 am to 4:00 pm.

Upcoming Events

- **Children's Choir - Remembrance Day Concert**
  - Tuesday, November 10th
    10:00 am- Cafeteria
- **Remembrance Day**
  - Wednesday, November 11th
    10:45 am (Please be seated by 10:30 am)
- **Documentary Night: Canada Remembers**
  - Thursday, November 12th
    6:30 pm - Games Room
- **Hymn Sing**
  - Friday, November 13th
    6:30 pm - Games Room
- **Grey Cup Viewing Party**
  - Sunday, November 15th
    6:00 pm - Games Room
- **Pub Trivia**
  - Monday, November 16th & 30th
    6:30 pm - Pub
- **National Grief and Bereavement Day: Memorial Service**
  - Tuesday, November 17th
    10:30 am - Lupton Hall

Exceptional care, research, education, and innovation at Perley Health is supported in part by the generosity of our community. To donate to the Perley Health Foundation, visit: **www.PerleyHealthFoundation.ca**

Perley Health
Community of Care