Perley Health Expansion | Summer Youth Volunteers | Open House | Village Fair

The Perley Post

Vol. 23 - 2026

Perley Health, Ottawa, Canada

Site Plan Approval:

Community of Care Expansion

We are thrilled to share that Site Plan Approval has been granted for our new 120-bed long-term care residence to expand the Perley Health Community of Care.

With more than 1,200 individuals on our waiting list for long-term care, the need for specialized care and senior housing in our community is urgent.

This milestone brings us one step closer to expanding our Community of Care and helping to meet the growing needs of Veterans and Seniors.

The Ministry of Long-Term Care (MLTC) plays a crucial role in developing new long-term care (LTC) beds in Ontario. The government has committed to create 30,000 new LTC beds and upgrading older ones to meet modern design standards. Perley Health is actively collaborating with the ministry throughout this multi-stage project.

Thank you to the City of Ottawa Planning and Development staff and the DRAW team (Development Review All Wards) for working so collaboratively with our representative, Kadus Group.

A special shout out to Jennifer Murray, who led the approvals for Perley Health in record time - securing Municipal approval in just three months!



Concept image of the new building. Subject to change until the design is finalized and approved.

Situated alongside the Gatineau Residence link and adjacent to the Ottawa Residence courtyard, this project is made possible through the Ontario government's Capital Funding Program.

With approvals in place, and thanks to generosity of donors to the Building for Belonging campaign, we are moving ahead to the next stage of this project.

Learn more about the Perley Health Community of Care expansion: **PerleyHealth.ca/expansion**

Thank You, Summer Youth Volunteers!



Left to right: Womor Havor-Nutogo, Summer Youth Program Assistant; Ella Ngure, Summer Youth Volunteer Award winner, and Rachel Stoparczyk, Manager, Volunteer Services.

We would like to extend a heartfelt thank-you to all our Summer Youth Program volunteers as they prepare to return to school. Throughout the summer, these 60 volunteers, aged 13-16 years, contributed a total of 1603 hours of service. Their dedication and positive attitudes were noticed, with many receiving wonderful feedback from staff. We congratulate all 10 nominees for the 2026 Summer Youth Volunteer Award, our runners-up, Zoya Anjillan and Bree Graves, and this year's award recipient, Ella Ngure. We are incredibly proud of everything our youth volunteers accomplished and hope to welcome many of them back throughout the school year!

Womor Havor-Nutogo, our Summer Youth Program Assistant, has wrapped up her second summer at Perley Health. We wish Womor all the best as she returns to her studies at the University of Ottawa. She will continue contributing to Perley Health, behind the scenes, as a research volunteer with the Perley Health Centre of Excellence in Frailty-Informed Care™.

Connecting Generations at Perley Health

Construction is complete on the Intergenerational Early Learning Centre and children are beginning to settle into their new environment. Intergenerational programming will be introduced gradually over the coming months. As we start to hear the welcoming sound of little feet in the halls, we are transitioning to a new type of Generations Connected newsletter - one that continues to emphasize the Intergenerational Early Learning Centre while expanding to cover all intergenerational programs and services that make Perley Health a unique Community of Care. We plan to publish quarterly to bring you all the intergenerational news from Perley Health and our partners. Following publication of the August editions of Generations Connected, the next newsletter will be available in October 2026.

The Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health is a partnership between Perley Health, which provides a Community of Care and services for Veterans and Seniors; the Perley Health Foundation, which raises and manages funds to support programs, services, and capital needs; and Andrew Fleck Children's Services (AFCS), a non-profit organization that operates childcare centres across the region.

Visit the webpage for Generations Connected newsletter and the Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health on the Perley Health website: **PerleyHealth.ca/generations-connected**

Your feedback is important to us!
Let us know your thoughts on the Perley Post. The good, the bad and the ideas. Email - info@perleyhealth.ca

Perley Health
Community of Care

Perley Health Open House and Community Engagement Day
Friday, September 18, 2026

Held in proud partnership with the Ontario Long-Term Care Association (OLTCA) and AdvantAge Ontario during Residents' Council Week, this special event opens our doors as part of a province-wide Community Engagement Day. It is an opportunity to see and experience how our vibrant Community of Care supports dignity, safety, quality of life, and belonging.

Throughout the day's events, we will highlight the vital, innovative role long-term care plays right here in Ontario, while showcasing how we work passionately to help Veterans and Seniors living in our community.

During the day, we will also celebrate a major milestone: the first anniversary of the Active Seniors and Veterans Living Centre program!

Veterans and Seniors are also invited to attend one of our FREE health and wellness classes in the afternoon.

For long-term care residents with questions about accommodation and event attendance, please contact Dana, Tanya and team at salcinfo@perleyhealth.ca, or speak to staff on your unit.

Come and discover how we are transforming care, enriching lives, and building a stronger, more connected community together.

Details

- **Date:** Friday, September 18, 2026
- **Time:** Full-day of activities and engagement
  Join the Morning session or Afternoon session or plan to stay all day!
  Presentations start 9 am sharp!
  - **Please register and be seated by 8:50 am.**
- **Location:** Perley Health Lupton Hall (morning) and Active Seniors and Veterans Living Centre (afternoon).

Please see the attached invitation for more information and visit our dedicated webpage: **PerleyHealth.ca/open-house**



Village Fair!

Come celebrate our history, the people who make Perley Health special, and the memories we've created together over the past 30 years at Russell Road.

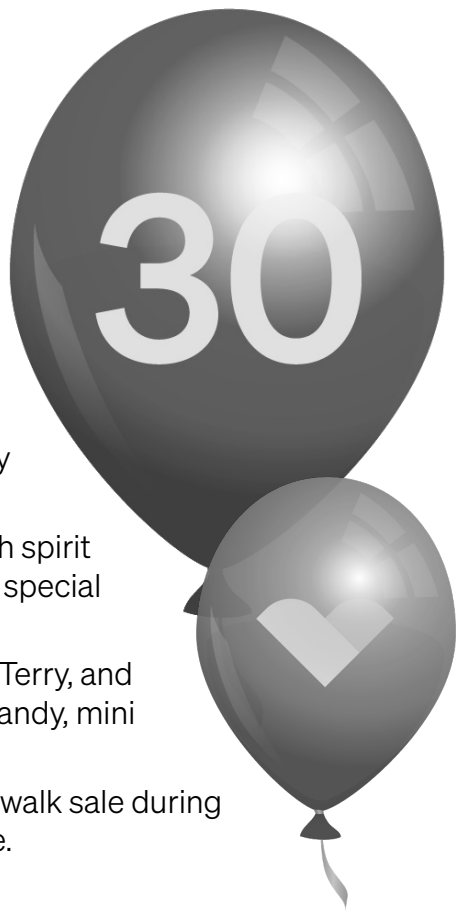
- **Saturday, September 12, 2026, from 10 am – 3 pm**

Every year, Perley Health hosts a Village Fair (organized and facilitated by the Therapeutic Recreation and Creative Arts team!) to celebrate the entire Perley Health community; welcoming residents, tenants, staff, volunteers, caregivers, friends, and loved ones to stop by in the afternoon and enjoy some festive fun.

We encourage everyone to come with their Perley Health spirit and pride and wear **PURPLE** and **PINK** to help mark this special occasion.

There will be music (Highland Mist Pipe Band, Franco & Terry, and a special 30 years of Music with Trudy), games, cotton candy, mini cows, twoonie BBQ and more for the whole family!

Deborah's Gift Boutique will be holding their annual sidewalk sale during the fair with many wonderful items available to purchase.



Door Access Changes

As part of our ongoing commitment to maintaining a safe, secure, and welcoming environment, we have adjusted to the operating schedule of the sliding door at the Main Reception. The sliding door is now secured from 9:00 p.m. to 6:00 a.m. This adjustment provides an additional layer of security during overnight hours while continuing to support appropriate access for residents, tenants, families, visitors, and staff. We appreciate your cooperation and understanding as we work together to maintain a safe, supportive, and welcoming community for everyone.

Upcoming Events

- **Pete Foret Concert**
  - Saturday, September 5th
    2:00 pm - Cafeteria
- **Documentary Night: Lost in the Arctic**
  - Thursday, September 10th
    6:30 pm - Games Room
- **Village Fair:**
  - Saturday, September 12th
    10:00 am - 3:00 pm
- **Pub Trivia**
  - Monday, September 14th & 28th
    6:30 pm- Pub
- **Big Band Ottawa Concert**
  - Tuesday, September 15th
    6:45 pm - Cafeteria
- **LTC Engagement Day**
  - Friday, September 18th
    9:00 am start
- **Rideau & Ottawa Residences' Birthday Party**
  - Wednesday, September 23rd
    2:00 pm - Lupton Hall
- **Malcolm Wade Concert**
  - Sunday, September 22nd
    2:00 pm - Cafeteria
- **Rideau Residence Steak BBQ**
  - Wednesday, September 30th
    12:00 pm - Lupton Hall
    Tickets will be required to attend.

Exceptional care, research, education, and innovation at Perley Health is supported in part by the generosity of our community. To donate to the Perley Health Foundation, visit: **www.PerleyHealthFoundation.ca**

Perley Health
Community of Care