

# The Perley Post

Vol. 21 - 2026



Perley Health, Ottawa, Canada

## 9th Annual Century Club Honours 23 Residents

On June 10th, Lupton Hall was adorned in red and gold to once again host a magnificent milestone – the Annual Century Club! Twenty-three residents (including 12 Veterans) joined staff, family, volunteers, and special guests for an exciting birthday celebration.

Members of the Ozerdinc Grimes Family Therapeutic Recreation and Creative Arts Program welcomed residents into the hall and presented each of them with a boutonniere or corsage, and button. Recreation Therapist and Century Club Master of Ceremony, Rachel Dobson, led the party and welcomed residents to come receive their certificate of membership into the exclusive club from Perley Health Chief Operating Officer, Mary Boutette.

Also in attendance were representatives from the Royal Canadian Legion. Ron Goebel, Chair of Ontario Provincial Command, gave inspiring remarks to the celebrants before accepting a certificate welcoming the Royal Canadian Legion as an honorary member of the Century Club in recognition of the organization's 100th year.

Music Therapist, Patricia Deek and Creative Arts Instructor, musician Dan Campoli, performed throughout the ceremony, as well as provided an entertaining musical arrangement that paired perfectly with a slice of cake.

Happy Birthday and congratulations to the wonderful residents celebrating this remarkable achievement this year.



**Norma McKnight, the eldest resident at Perley Health, turns 107 this year. With her daughter, Wendy Nicklin (left), at her side, she receives her Century Club certificate from Perley Health Chief Operating Officer, Mary Boutette (right).**



Videos featuring members of the Century Club discussing memorable moments from their life, what keeps them going, and advice they have for younger generations are available on our blog: [PerleyHealth.ca/blog](https://PerleyHealth.ca/blog)

## Maritime Kitchen Party at Perley Health!

Perley Health hosted a Maritime Day on Friday, May 22nd with a vibrant celebration that brought the spirit of Atlantic Canada right into our community. In partnership with the Cultural Awareness Committee, Food & Nutrition, and the Therapeutic Recreation & Creative Arts (TRCA) team, the event transformed our spaces into a warm, coastal-inspired experience filled with colour, music, and laughter.

Residents and staff explored an inviting information display showcasing the picturesque landscapes of PEI, Nova Scotia, Newfoundland and Labrador, and New Brunswick – offering a window into the region's rugged coastlines, charming towns, and rich traditions.

The cafeteria served up a comforting Maritime classic: Pea Soup, Fish & Chips and Toutons; while TRCA musicians hosted a lively Maritime Kitchen Party Concert, complete with foot stomping favourites that had the room buzzing.

Over in the pub, guests enjoyed a playful Perley style "screech in," featuring a bartender in a bright yellow fisherman's hat asking, "Is ye a screecher?", a shot of non-alcoholic rum, and of course - a kiss to the cod. A joyful day from bow to stern.

Musicians included: Brandon Mooney, Tim Cote, Ross Imrie, Patricia Deek, Dana Lawless, and a feature by Resident Care Manager Stephanie Kim with the Violin!



**Veteran Resident, Major (ret'd) Roy Martel joins the fun and kisses the cod as part of a "screeched-in" ceremony.**

**Your feedback is important to us!**

Let us know your thoughts on the Perley Post. The good, the bad and the ideas. Email - [info@perleyhealth.ca](mailto:info@perleyhealth.ca)

# Come to the Open House for the New Andrew Fleck Children's Services Intergenerational Early Learning Centre at Perley Health!

All staff, residents, tenants, volunteers, families, and visitors are invited to explore our beautiful, new purpose-built space, and ask questions!

**Monday, June 22, 2026 10:00 am - 2:00 pm**

- Intergenerational Early Learning Centre, First Floor, Perley Centre, (Across from Deborah's Gift Boutique) There will be treats!



## Community Impact Report Now Available

We are proud to share our 2025-2026 Community Impact Report, a reflection of our achievements from the past year. Explore stories that show the world what a difference a day makes at Perley Health. The report is available online now, with printed copies coming soon to common areas throughout our campus.

View the report here:  
[PerleyHealth.ca/community-report](https://PerleyHealth.ca/community-report)

## Annual General Meeting Notes

Perley Health hosted its 128th Annual Meeting on June 4. The session highlighted key 2025-2026 accomplishments, featuring updates from the past year from the Board Chair, the Treasurer, and the Chief Executive Office, on behalf of the Chief Medical Officer.

Attendees also reviewed the audited financial statements and welcomed four adjunct advisors.

For those who missed it, the full opening remarks from Board Chair Lloyd Campbell are now available on our website. Visit [PerleyHealth.ca/agm](https://PerleyHealth.ca/agm) to read the update.

## Sharing the People of Perley Stories

We are thrilled to launch the third year of our "People of Perley" campaign, celebrating our People First commitment. This edition features unscripted, genuine conversations showcasing the joy, dignity, and grace of our extraordinary staff, residents, and volunteers. Visit our webpage to discover these powerful stories and see why "the difference is you."

Find out more about the many members of our community of care: [PerleyHealth.ca/blog-people-of-perley](https://PerleyHealth.ca/blog-people-of-perley)



## CEO Town Hall Online



Health recently hosted a virtual Town Hall with CEO Akos Hoffer to update the community and answer questions. The session highlighted major achievements, including the Community of Care expansion, ongoing construction projects, and the soon-to-open Andrew Fleck Children's Services Intergenerational Early Learning Centre, which brings seniors and children together.

View a recording of the online Town Hall:  
[PerleyHealth.ca/ceo-town-hall-may-2026](https://PerleyHealth.ca/ceo-town-hall-may-2026)

## Upcoming Events

- **Duncan Adams Presentation**
  - Friday, June 19  
2:00 pm - Lupton Hall
- **Perley Pictures: Field of Dreams**
  - Saturday, June 20  
1:30 pm - Lupton Hall
- **Intergenerational Early Learning Centre at Perley Health Open House**
  - Monday, June 22  
10:00 am-2:00 pm - First Floor, Perley Centre
- **Pride in the Pub**
  - Monday, June 22  
2:00 pm - Pub
- **Rideau & Ottawa Birthday Party**
  - Monday, June 22  
6:30 pm - Lupton Hall
- **St- Jean Baptiste French Sing Along**
  - Wednesday, June 24  
2:00 pm - Lupton Hall
- **Maria Knapik & Students Variety Concert**
  - Sunday, June 28  
2:00 pm - Cafeteria

Exceptional care, research, education, and innovation at Perley Health is supported in part by the generosity of our community. To donate to the Perley Health Foundation, visit: [www.PerleyHealthFoundation.ca](https://www.PerleyHealthFoundation.ca)