

The Perley Post

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Perley Health, Ottawa, Canada

Royal Visit Honours Second World War Veterans at Perley Health

On May 11, 2026, Perley Health hosted a historic visit from Her Royal Highness Princess Margriet of the Netherlands and Professor Pieter van Vollenhoven. The Royal Couple met with Veterans who played a pivotal role in the liberation of the Netherlands during the Second World War. Princess Margriet, who was born in Ottawa during the war, personally thanked the Veterans for their courage and sacrifice, further strengthening her lifelong bond with Canada.

The visit also served to recognize The Royal Canadian Legion as it celebrated its landmark 100th anniversary. The Royal Couple greeted national leadership, including Grand President Larry Murray and National Executive Director Randy Hayley. This significant event underscored Perley Health's unique commitment to providing a vibrant, compassionate community for Canada's Veteran population and Perley Health's strong connection to Veterans.



Princess Margriet of the Netherlands visits Second World War Veterans during a visit to Perley Health on May 11. During the visit, Veteran Roland Lalonde gifted the Princess with his painting of a blue pansy.

Volunteers Honoured at Annual Awards Ceremony

On April 22, 2026, Perley Health celebrated the vital contributions of more than 400 volunteers during its Annual Volunteer Dinner and Awards Celebration. Held during National Volunteer Week, the event recognized the International Year of the Volunteers 2026.

The Honourable Jill McKnight, Minister of Veterans Affairs, joined the event to share remarks and help present the 2026 awards. Heather Moxley received the Advocacy Award for championing the personal values of new residents. The Volunteer Team Award went to the Horticultural Therapy Volunteers for their many contributions within Perley Health and Margie Clark was named Volunteer of the Year. During the week, Prashanti Mohan, a student volunteer who supports the Perley Health Centre of Excellence, received the Student Volunteer Award from Advantage Ontario.

"We would like to extend our sincere thanks for the time, energy, and heart you bring to your volunteer work," wrote Rachel Stoparczyk, Manager, Support Services. "Whether you are organizing, visiting, serving, or supporting activities, your commitment is invaluable. Your spirit ignites a true sense of community at Perley Health!"

The evening began with a musical performance from the Therapeutic Recreation and Creative Arts staff, and dinner featured a Greek-inspired menu served by Perley Staff, a gesture of thanks.



Deborah's Gift Boutique Management Team presented a cheque for \$35,000 to the Perley Health Foundation

A special presentation recognized Long Service Pins, including Beverly Edgecombe for 30 years of service, and other five, 10, and 15-year recipients. The event also highlighted community support with a \$35,000 cheque presentation from the Deborah's Gift Boutique Management Team to the Perley Health Foundation.

Volunteers continue to help drive Perley Health's mission. In 2025, more than 400 volunteers contributed a record 38,573 hours, including more than 1,900 hours from new volunteers supporting the Centre of Excellence and the Adult Day Program.

For a full recap, visit PerleyHealth.ca/blog.



The Honourable Jill McKnight, Minister of Veterans Affairs Canada attends Perley Health's Annual Volunteer Recognition and Awards Dinner. "No price can be put on the value that Veteran volunteers bring to our communities," the Minister said in her remarks. "And no place knows this better than Perley Health. So to you—Veterans, Canadian Forces members, families and civilians who are part of the Perley Health volunteer team—thank you for everything you do."

Your feedback is important to us!

Let us know your thoughts on the Perley Post. The good, the bad and the ideas. Email - info@perleyhealth.ca

Does caregiving end when a loved one moves into long-term care?

In a recent featured article, Katrin Spencer, Vice-President, Strategy and Business Development, explores how caregiving doesn't when a loved one moves into long-term care. Families and friends remain essential partners in our "Community of Care," sustaining the dignity, identity, and connection that clinical care alone cannot provide. From the moving story of Bob and Gail Christy to our innovative SeeMe® frailty tool, discover why supporting caregivers is an investment in better seniors' care.

Read the full insight by Katrin Spencer, visit PerleyHealth.ca/blog.

CEO Online Town Hall



Join Akos Hoffer
**Tuesday, May 19
 (10–11 AM)**
 on Teams for news and updates from the Perley Health community.
For more details and to register visit:
PerleyHealth.ca/town-hall

Recent News

April 1, 2026

Canadian Institutes for Health Research (CIHR) funds a four-year mixed-methods study led by Amy Hsu, Affiliate Researcher with the Centre of Excellence in Frailty-Informed Care. The project explores the experiences of a rapidly growing segment of Canada's LTC residents: those of Chinese ancestry.

May 25, 2026

Canadian Institute for Health Information (CIHI) produces and posts a video about Perley Health's data-driven project that has significantly improved wound care among residents. CIHI may also publish educational materials, such as a case study, about the project.

May 2026

Perley Health is proud to be part of Ontario's first wave of Nursing Home Without Walls pilots, helping Veterans and Seniors access the supports, connection and navigation they need to age well at home.

This Ottawa Citizen story highlights how the model is expanding across Canada — and how Perley Health is helping bring it to Ottawa.

Read the full story on our website:
PerleyHealth.ca/in-the-news



May 2026

Community of Care Expansion News:

Perley Health is pleased to share news that we have submitted our second round of formal design drawings to the City of Ottawa. This marks a significant milestone in our site plan approval process. We invite you to view the project details and plans for a new building adjacent to the Gatineau link that will provide 120 new long-term care beds. Please visit the City of Ottawa website PerleyHealth.ca/expansion-elevations

Our design team, led by Neuf Architecture, continues to work alongside our Development Manager, Kadus Group, to coordinate with City planning officials.

We anticipate receiving final site plan approval in the near future and will provide notifications on the Perley Health website.

PerleyHealth.ca/expansion

The 128th Annual General Meeting of The Perley and Rideau Veterans' Health Centre Corporation (Perley Health, 1750 Russell Road)

Thursday, June 4, 2026, at 2:00 p.m. in Lupton Hall.

Residents, tenants, families and friends, staff and volunteers are cordially invited to attend for the purposes of:

- providing a report on 2025-2026 activities and accomplishments and the evolution of Perley Health;
- receiving the audited financial statements for the year ended December 31, 2025;
- appointing the auditors for Perley Health until the Annual Meeting 2027;
- electing the directors of the Corporation; and,
- transacting such further and other business as may properly come before the meeting or any adjournment thereof.

As prescribed by By-Laws 8.a. and 9.d. of the Corporation, Regular Members of the Corporation are required to pay a \$1.00 annual fee not later than the date of the Annual Meeting. Payment can be made at the time of the meeting, or, for Board Members - during the first Board Meeting held directly before the Annual Meeting.

- For more information, please contact info@perleyhealth.ca

Upcoming Events

- **Marlcom Wade Concert**
 - Sunday, May 17
2:00 pm - Cafeteria
- **Maritime Kitchen Party**
 - Friday, May 22
2:00 pm - Cafeteria
- **Lady Blonde Concert**
 - Monday, May 25
6:30 pm - Lupton Hall
- **Documentary Night: Billy & Molly: An Otter Love Story**
 - Thursday, May 28
6:30 pm - Games Room
- **Rideau & Ottawa Birthday Party**
 - Friday, May 29
2:00 pm - Lupton Hall

Exceptional care, research, education, and innovation at Perley Health is supported in part by the generosity of our community. To donate to the Perley Health Foundation, visit: www.PerleyHealthFoundation.ca