

# Eligibility

To be eligible, an individual will need to meet all the criteria below:

- Diagnosis of dementia or cognitive impairment
- In the early to mid-stages of dementia
- A resident of Eastern Ontario
- Valid Ontario Health Card number
- Medically stable

If all the eligibility criteria are met, please contact Carefor Health & Community Services or your Case Manager from Home and Community Care Support Services.

The team from Carefor Health & Community Services will arrange a meeting to review individual care needs and to discuss a visit.

Prior to a first visit, every guest must complete an assessment.

The team from Carefor Health & Community Services works with each guest and caregiver to help ensure this is the appropriate service and that every guest enjoys a successful visit.



# About Us

**Respite House at Perley Health is located at**  
1750 Russell Road, Ottawa, ON K1G 5Z6

**Website:** [www.PerleyHealth.ca/respite-house](http://www.PerleyHealth.ca/respite-house)

Referrals are facilitated by Carefor Health & Community Services

- Carefor Health & Community Services:  
[www.carefor.ca](http://www.carefor.ca)

The Dementia Society of Ottawa and Renfrew County provides many education and support services to keep people living with dementia and their families connected and resilient. Visit [www.dementiahelp.ca](http://www.dementiahelp.ca) to learn more.

# Contacts

- **Respite House at Perley Health:**  
613-247-1664 ext. 1827
- **Email:** [RespiteHouse@perleyhealth.ca](mailto:RespiteHouse@perleyhealth.ca)



[PerleyHealth.ca/respite-house](http://PerleyHealth.ca/respite-house)

Disclaimer: This flyer may include photos of individuals who have passed away. With the permission of the appropriate individual(s), we include their photos to honour them and celebrate their contributions to the Perley Health community.

# Respite House



**Short-stay overnight and daytime visits for adults living with mild to moderate dementia**

Find out what a difference a day can make!

# Introduction

Since 2007, Respite House at Perley Health has provided safe, compassionate, and accessible care for adults living with early to mid-stage dementia while benefitting their caregivers with the gift of time to recharge.

Respite House at Perley Health is:

- 12-bedroom bungalow with comfortable and safe common areas purposely designed to meet the needs of these guests
- Spacious areas for relaxing indoors and outside
- A variety of activities to help guests socialize or quietly rest during their stay
- Hot meals and regular snacks are provided throughout the day
- Each guest has a private room with an ensuite bathroom and shower

Carefor Health & Community Services provides the experienced and capable team to enhance the strengths and abilities of each person through social, emotional and physical support. Care is provided in English and French.



# The Visit

Respite House at Perley Health is open 365 days a year.

Guests may stay for:

- a few hours a day
- a full day
- overnight
- several nights.



## Overnight Stays

Guests can stay for 30 consecutive nights and a maximum of 90 nights per year.

The Ontario government provides a subsidy for all overnight stays.

Most guests are required to pay the remaining co-payment which is set by the short stay respite guidelines, as directed by the Ontario government. Fees cover all meals and snacks, personal laundry, housekeeping, personal care support and all program activities.

Recognizing Perley Health's long history of providing care to Veterans, and with the support of Veterans Affairs Canada, there is one reserved bed for a Veteran. For qualifying Veterans, fees do not apply.

[Check with the team from Carefor Health & Community Services for more information.](#)

“I was her primary caregiver for three years, throughout the pandemic, so Respite House provides stimulation and a break for her, and a break for me as well!”

- John, partner of a guest