

Generations Connected at Perley Health



Sharing news about the Intergenerational Child Care program

Edition 1
August 29, 2025

Welcome to the very first edition of Generations Connected at Perley Health newsletter! We're thrilled to introduce this newsletter, created with the mission of informing our community on news and updates specific to this project. Near the end of each month, we will deliver a newsletter with plenty of photos to keep you informed about everything happening with our intergenerational child care program. Look for the latest on construction, child care services, and amazing work of the Perley Health Foundation and the Centre of Excellence in Frailty-Informed Care™.

Visit the dedicated webpage PerleyHealth.ca/generations-connected.

We have a name!

Perley Health Intergenerational Child Care, a program of Andrew Fleck Children's Services.



Construction Updates

Construction is underway on our new Perley Health Intergenerational Child Care, a program of Andrew Fleck Children's Services, located in Perley Centre across from the pharmacy. The project is expected to be completed in the Spring of 2026.

For general construction news linked to all the ongoing work in the Perley Health community, please visit PerleyHealth.ca/public-announcement and watch for updates every two weeks.

For questions or comments, please email info@PerleyHealth.ca.



Photos of the outdoor construction area.

Meet Andrew Fleck Children's Services (AFCS)!

For over a century, AFCS has been a cornerstone of early learning and family support in Ottawa. Founded in 1911, we are one of Ontario's oldest and most diverse non-profit organizations, offering a wide range of innovative, high-quality programs that respond to the evolving needs of families.

As leaders, AFCS is committed to excellence, innovation, and inclusivity. Our range of services are accessible and responsive to the diverse needs of children. Backed by a strong and committed leadership team, AFCS continues to embrace innovation to ensure the best possible outcomes for children and families.



Rooted in a family-centred philosophy, we advocate for inclusive, accountable, and high-quality child care. With a proven track record of piloting successful demonstration projects, we strive to remain at the forefront of creating a meaningful, lasting impact in our community.

AFCS Parent Navigator:

Unsure of where to start in your child care journey? The AFCS Parent Navigator can support you and help answer all of your questions, including:

- City of Ottawa waitlist registration
- Overview of Andrew Fleck Children's Services programming
- Resources to help support your child care needs

Contact: Nicole Latremouille, Parent Navigator, nlatremouille@afchildrensservices.ca, 613-736-5355 ext. 206

Curious to learn more about AFCS? Check out the AFCS website, where you can find videos of AFCS locations, links to the Family Handbooks, other resources and more. Soon the Perley Health location will have its own page, but in the meantime, some of the questions may be answered by searching the AFCS website. A bit of fun to know: all of the pictures on the AFCS website are of children attending our programs.

AFChildrensServices.ca



Centre of Excellence Update

The Perley Health Centre of Excellence in Frailty-Informed Care™ will play a pivotal role in researching and supporting the new intergenerational child care program. As a unique environment that brings generations together, Perley Health is ideally positioned to implement, evaluate and adapt this innovative program.



The research of the Centre of Excellence addresses the impact of social isolation on individuals living with frailty, a challenge highlighted by the recent pandemic. While evidence suggests that intergenerational connections can reduce loneliness and improve quality of life, this program offers a unique opportunity to study these effects within a long-term care setting. The Centre of Excellence will take a structured approach to evaluate facility design, individual participation, engagement, and outcomes related to loneliness, mood and overall well-being for seniors and Veterans. For the children attending the program, research can be conducted examining empathy, confidence, and social awareness.

By applying a frailty-informed care lens, the Centre of Excellence ensures that the program is safe, meaningful, and tailored to the unique needs of older adults and children. This research is crucial for informing policymakers and health leaders on new opportunities. Ultimately, the goal is to share these lessons and provide practical tools and a forward-looking blueprint for others to adopt and adapt this model of care and engagement.

You Can Help Open the Doors to a More Connected Future

We're more than halfway to our \$2 million Bridging Generations campaign goal. But your support is still needed to open the doors to children and residents in the spring of 2026.

Your gift today will help finish construction on this welcoming space created for both children and older adults to share activities side by side. It's thoughtfully designed with wide pathways for wheelchairs and strollers, safe corners for play, and features that support people living with mobility challenges or dementia—so everyone, no matter their age or ability, can feel comfortable and included. **Will you help?**



Please donate now to ensure this new space is ready for everyone—no matter their age or ability.

Ways to give:

By phone: 613-526-7173

Online: PerleyHealthFoundation.ca/bridging-generations

In person: Perley Health Foundation office between 8:00 am and 4:00 pm