



Perley Rideau

The Perley and Rideau
Veterans' Health Centre

Welcome to the Perley Rideau

Health Centre Map and Overview



*Together, we improve the
well-being of the people we serve*

Map Overview

At the heart of the growing Perley Rideau Village, the Health Centre is home to many of the programs and services enjoyed by residents, tenants, families and visitors. Three resident units; Rideau, Ottawa and Gatineau are accessed through hallway links from the Health Centre.

Each of the three residences is two-storeys and the units are named for the specific building, floor and the direction of the unit. Examples: Rideau 1 North, Ottawa 2 East.



Parking

Visitor parking is available in front of the Main Entrance, the Rideau Building and the Gatineau Building.

There is a daily rate that is payable at the gate by cash or credit card when exiting.

A change machine is located outside the Day Program (1E), on the main floor of the Health Centre.

Visitors may also purchase parking access cards at the Commissionaire's desk (1B) (located at the Main Entrance) from Monday to Friday, between 8:00 a.m. to 5:00 p.m.

Hours

All entrances to the Health Centre are controlled between 10:00 p.m. to 6:00 a.m., requiring individuals to sign in at the Main Entrance or swipe a building access card or key in an access code to enter. From 10:00 p.m. to 6:00 a.m., access is limited to the Main Entrance (1750 Russell Road).

Visiting hours are not restricted, but visitors are asked to please respect the duties of staff and the privacy of residents.

Phones

The use of cell phones is permitted.

A public telephone is available in the reception area as well as a direct line to a taxi service.

There are pay phones on the main floor of the Perley Rideau Health Centre, in the link to the Rideau Building and in the Ottawa building in Ottawa 1 East.

Points of Interest

The Interprofessional Clinic at Perley Rideau (1G)

Located on the main level of the Health Centre, the clinic offers services in audiology, occupational therapy, physiotherapy and speech language pathology. The clinic serves as an interprofessional clinical training centre for University of Ottawa Health Science students.

Services can be accessed through self-referral or a referral from a healthcare professional.

Perley Rideau Physio & Massage Therapy Clinic (1D)

The Perley Rideau Physio & Massage Therapy Clinic team offers a comprehensive range of services with the emphasis on improving the quality of lives of our residents, colleagues and the community.

Deborah's Gift Boutique (1L)

The Boutique sells confectionery items, greeting cards, gift items and postage stamps.

Hours: Monday to Friday; 10 a.m.- 4 p.m.
Saturdays and Sundays; 1 p.m. to 4 p.m
Statutory holidays; CLOSED

Laundry (2Q)

Hours: 6:30 a.m.-2:30 p.m.

Note: Break Time; 9:30 a.m. -9:45 a.m.
Lunch Time; 12:00 p.m. -12:45 p.m.

Cafeteria (1O)

Along with our affordable all-day breakfast, we continue to announce new menu items.

Hours: 7 Days a week; 8 a.m.-7 p.m.

- There are vending machines in the cafeteria and on the second floor, down from the art studios.
- Free Wi-Fi is now available in the Perley Rideau Cafeteria.

A password is not required to log in.
The Perley Rideau Community is reminded to use this service responsibly.

The network is: PRVHC GUEST.

Volunteer Services (1C)

Perley Rideau volunteers provide special comfort and care to residents of our Village. Volunteers are carefully screened and trained to give direct support through welcoming new residents and families, medical escorts, feeding, visiting, pet therapy, palliative and spiritual care.

- Information on the volunteer program can be obtained through the Coordinator, Volunteer Services, (613) 526-7170, ext. 2356 or volunteer@prvhc.com

Care Programs

Long Term Care

In 2018, Perley Rideau's long-term care was awarded the highest possible standing from Accreditation Canada, earning Accredited with Exemplary Standing.

Long Term Care is located within the Rideau, Ottawa and Gatineau Units.

Short Term Care

Convalescent Care

This service is available to clients who no longer need to be in hospital, but who are unable to return home.

Located within the Ottawa 1 East Unit.

Specialized Behavioural Support Unit (SBSU)

Unique to the Champlain region, this 20-bed unit features a secure environment and provides safe, enriched care to people with dementia who are exhibiting responsive behaviours.

Located within the Gatineau 1 North Unit.

Sub-Acute Care for Frail Elderly (SAFE) Unit

The SAFE unit provides a new and innovative level of care that promises to improve the health and well-being of frail elderly patients hospitalized due to surgery, illness or accident.

Located within Ottawa 1 West Unit.

Room Rentals

Looking to host a Celebration of Life, an offsite meeting or a small team get-together, consider renting one of the meeting rooms at Perley Rideau.

- #1 Benedickson Room (Board Room) (2E)
- #2 Classroom (2F)
- #3 Conference Room (2C)
- #4 Food & Nutrition Dining Room (1M)
- #5 Lupton Hall (Auditorium) (1Q)
- #6 Games Room (2N)
- #7 Pub (1N)
- Family Dining Room (Available on Units)

For more information, please contact reservations@prvhc.com on room availability and fees

Catering

Food & Nutrition Services offers a catering service for special occasions, such as birthdays and/or anniversaries and Celebration of Life services.

Our catering staff have created a variety of menus to meet every need and diet.

To access the catering menu please contact:

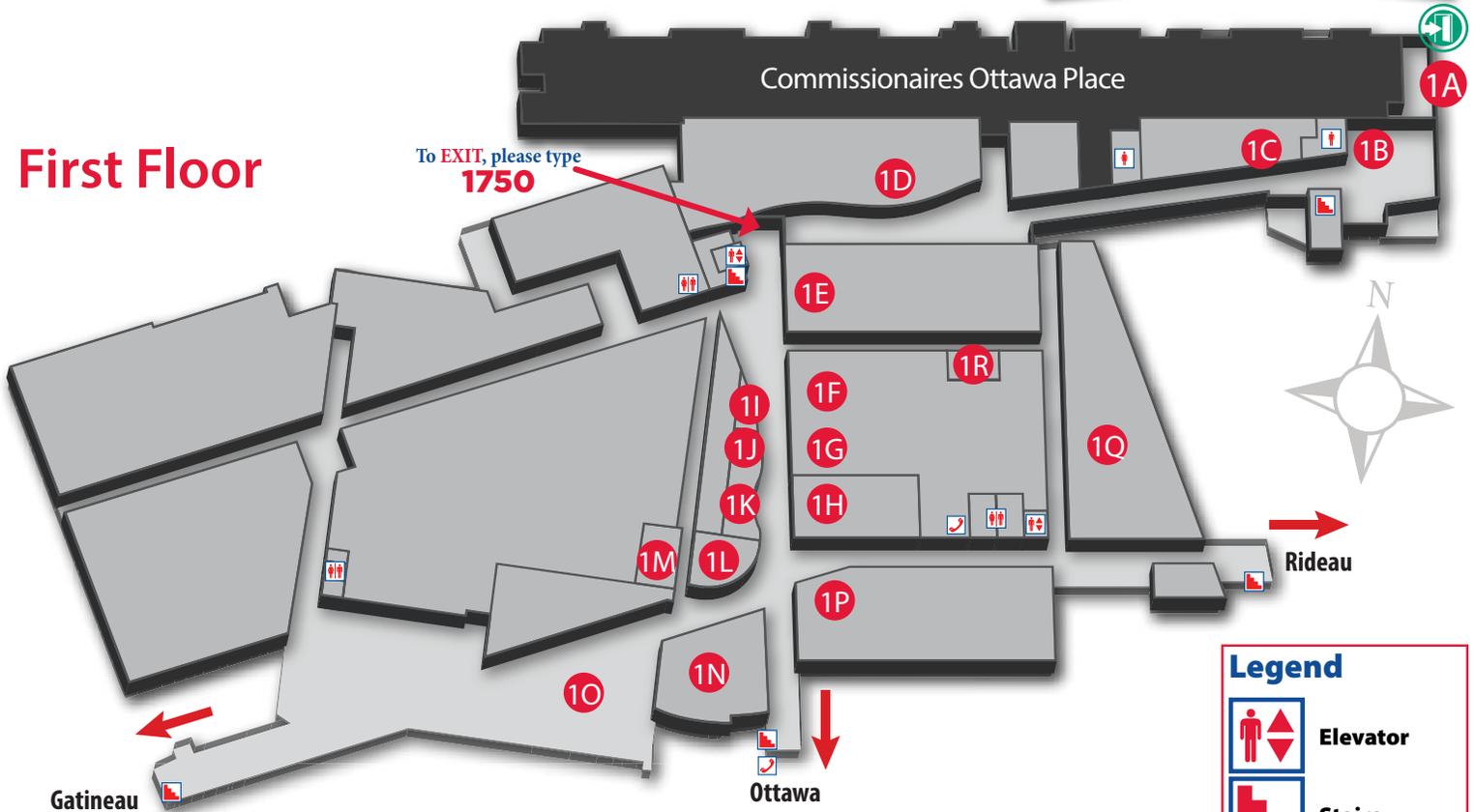
Consult the Cafeteria/Catering Supervisor:
613 526-7171 (ext. 2606)

1750 Russell Road, Ottawa ON K1G 5Z6
613.526.7170
info@prvhc.com

www.PerleyRideau.ca

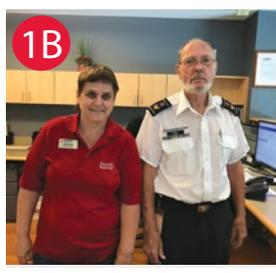
Health Centre Overview

First Floor



Legend

-  Elevator
-  Stairs
-  Restrooms
-  Public Phone



- 1A Main Entrance**
- 1B Reception Desk/Security**
- 1C Volunteer Services**
- 1D Perley Rideau Physio & Massage Therapy Clinic**
- 1E Day Program**
- 1F Perley Rideau Dental Clinic**
- 1G Interprofessional Clinic at Perley Rideau**
- 1H Pharmacy**
- 1I Foundation Meeting Room**
- 1J Veterans Affairs Canada**
- 1K Perley and Rideau Veterans' Health Centre Foundation**
- 1L Deborah's Gift Boutique**
- 1M Food & Nutrition Meeting Room**
- 1N Pub**
- 1O Cafeteria**
- 1P The Dementia Society of Ottawa and Renfrew County**
- 1Q Lupton Hall**
- 1R Spiritual Health Offices**

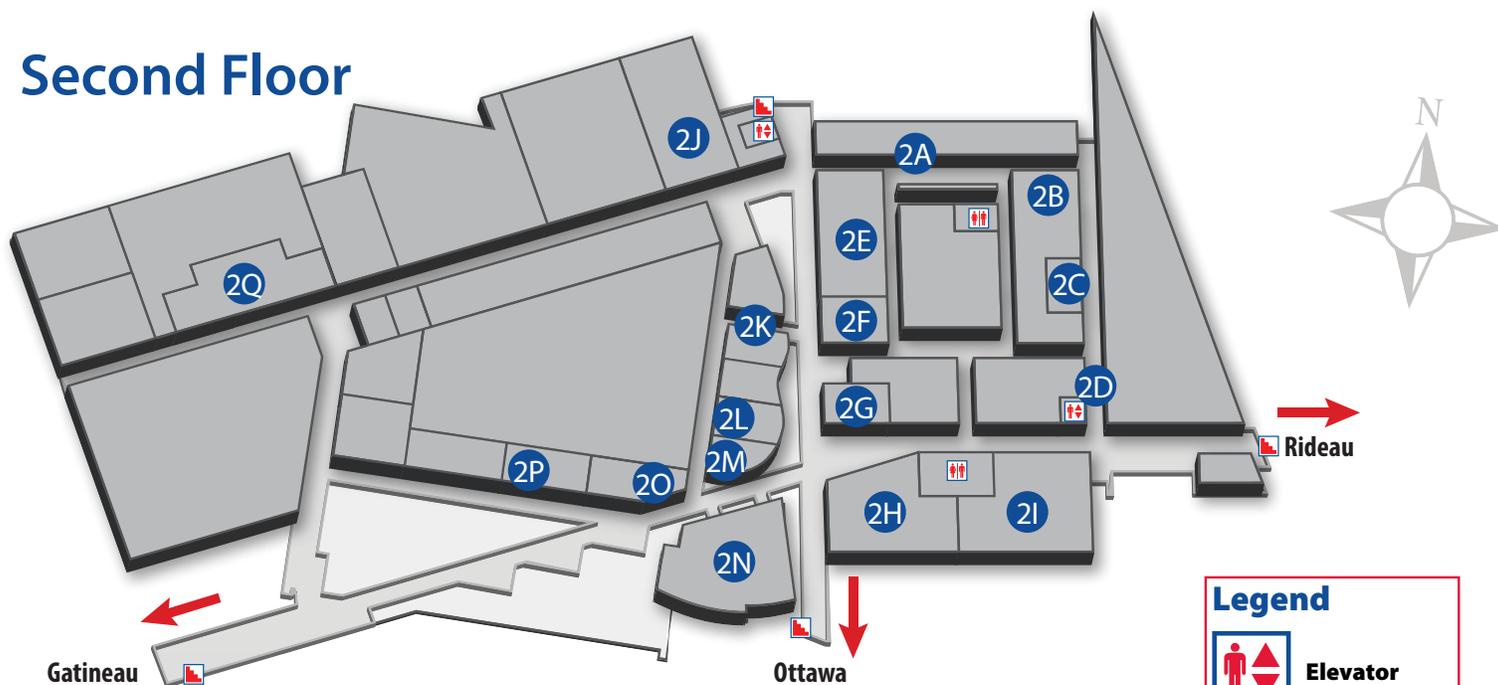
Health Centre Overview



Perley Rideau

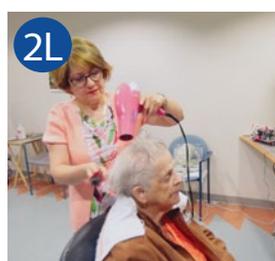
The Perley and Rideau
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Second Floor



Legend

	Elevator
	Stairs
	Restrooms
	Public Phone



- 2A Administration Offices
- 2B Finance Office
- 2C Conference Room #3
- 2D **MET Gallery**
- 2E Benidickson Boardroom #1
- 2F Classroom #2
- 2G Neurologist Clinic
- 2H **Therapeutic Recreation and Creative Arts Studio: Paint and Woodworking**
- 2I Therapeutic Recreation and Creative Arts Studio: Ceramics
- 2J Support Services/Admissions
- 2K Centre of Excellence in Frailty-Informed Care
- 2L **Beauty Salon**
- 2M **Barber Shop**
- 2N **Games Room**
- 2O **Sacred Space**
- 2P Occupational Therapy
- 2Q Laundry



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Entrances

- 1750 Main Entrance*
- Staff Entrance*
- 1720 Commissionaires Ottawa Place
- 1780 Building B Apartments
- Perley Rideau Main Entrance
- Rideau
- Ottawa
- Gatineau
- Guest House

Parking

- Apartment Tenants
- Apartment Staff & Visitors
- Staff*
- Visitors
- Guest House Visitors
- Emergency Vehicles Only

**Also to be used by volunteers, students, and employees of other service providers.*

Enter the Health Centre between 6:00 a.m. and 10:00 p.m. by signing in at the Main Entrance or use the building access card at all other entrances.

From 10:00 p.m. to 6:00 a.m., access is restricted to the Main Entrance (1750 Russell Road – Door #2).

Entrance & Parking Site Plan