

Post Fall Assessment

Fall Occurs

Immediately Ensure Resident is Safe, Assess and Treat for Injury

- Complete the **physical assessment**
- Put any preliminary **preventative** steps into place
- Complete the **Scott Fall Risk Screening Tool (within 24 hours)**
- Complete the **Post-Fall Huddle Tool**
- Update the **Care Plan** in collaboration with the resident, family, and interprofessional team

All tools can be accessed via Risk Management



Contributing Factors

Environmental Factors

- Clutter
- Carpet
- Poor lighting
- Equipment
- Crowding
- Wet floor
- Noise
- Furniture

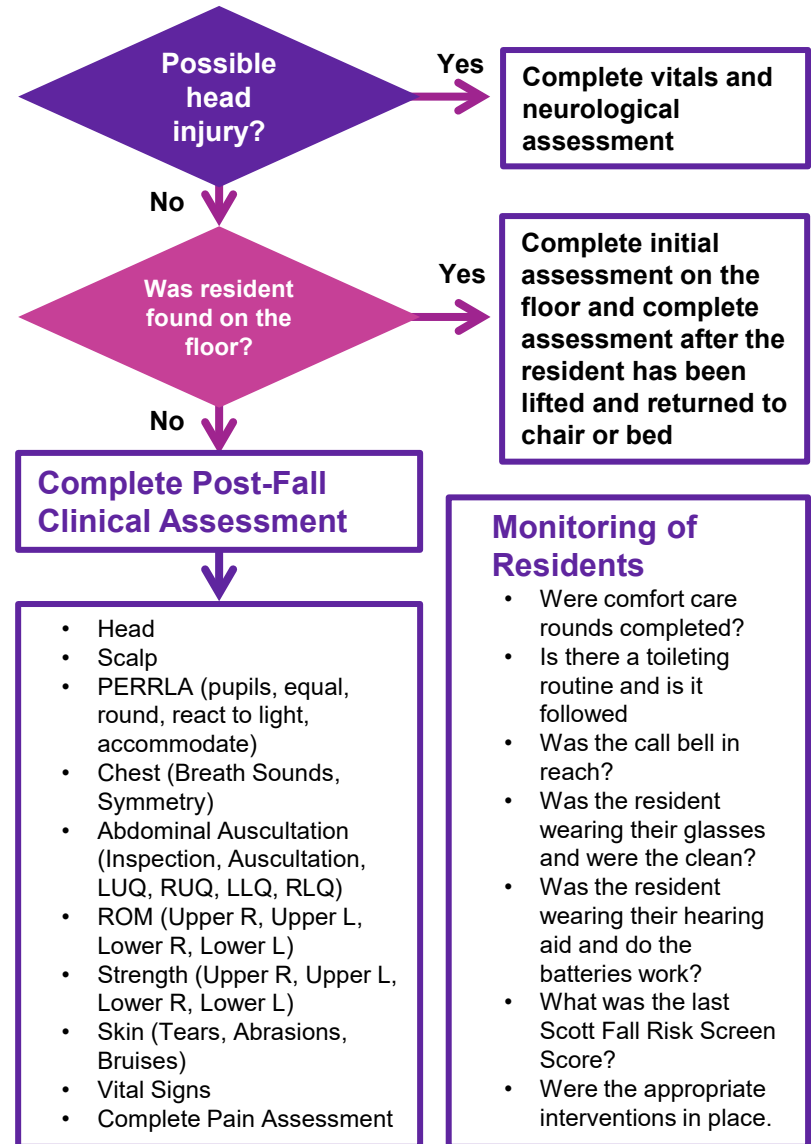
Physiological Factors

- Confused
- Incontinent
- Sedated
- Change in condition
- UTI
- Hypotension
- Gait imbalance
- Impaired memory
- Change in medication
- Weakness

Situational Factors

- Alcohol use
- Admitted within 72 hrs
- Transfer
- Ambulating without assisting
- Exit seeking
- Recent room change
- Footwear
- Restrained
- Resistant to care
- Side rails up
- Mobility device
- Previous falls

Registered Staff



Why did the resident fall?

Hosting a Huddle

Gather any **members of the team** (PT, OT, PSW, Rec, Housekeeping, MD) who are available including resident (when appropriate) and families

- Identify contributing factors
- Were falls prevention interventions in place?
- Was the Care Plan appropriate and followed?

Complete the **5 Whys** – what contributed to the fall?

Ask “what can we do to keep similar events from happening?”
Implement new interventions.

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Example – The 5 Whys

A question asking method used to uncover the underlying cause of an event.

Uncovering the root cause leads to more successful actions.

Resident Fell in Room

Why? ↓

She tripped over a chair

Why? ↓

She didn't see the chair

Why? ↓

**The room was dark
(no nightlight)**

Why? ↓

**Nightlight was not part
of the care plan**

Why? ↓

**Resident was not a
high risk for falls**

Action:
Remove or
move the chair

Action:
Put nightlights
in rooms

Action:
Review the
new risk and
interventions