

E-module Series for Nurses in LTC



Empowering long-term care staff to confidently navigate acute health events in alignment with residents' goals of care is the focus of our new interactive training e-module series. Developed collaboratively with nurses, residents, and subject matter experts, these e-modules build on the principles of the SeeMe®: Understanding *frailty* together framework, created by Perley Health.

Three e-modules designed to:

- Equip long-term care nurses to prioritize resident-centred care during critical moments.
- Prepare staff for challenging conversations and decisions that may arise during acute health events.
- Provide strategies to de-escalate conflict that can interfere with timely, goal-aligned care.
- Empower nurses to identify and respond to factors that lead to potentially avoidable emergency department transfers, keeping the focus on residents' goals of care.
- Support learning about resident values, as promoted by the SeeMe® framework.
- Use interactive case studies to support applied learning.
- Support collaborative care planning that respects individual preferences and lifestyles.
- Enable organizations to strengthen knowledge and confidence in leading goals of care discussions and reducing avoidable transfers—ultimately improving the quality of care for residents.
- Available as a comprehensive SeeMe® training package or as standalone modules.

About this training.

- **FREE** 15-minute interactive e-modules
- Tailored to long-term care
- Ready to integrate into your learning management system
- Available to clients of Surge Learning

Module 1: Goals of Care Conversations During Acute Health Events

- Walk through the key steps of an effective goals of care conversation during an acute health event.

Module 2: Navigating Conflict During Acute Health Events

- Explore contributing factors and learn practical strategies to de-escalate common sources of conflict in long-term care settings.

Module 3: Preventing Avoidable Emergency Department Transfers

- Recognize and respond to common missteps that contribute to potentially avoidable emergency department transfers

We would like to express our sincere gratitude to the Registered Nurse's Foundation of Ontario (RNFOO) and the Nurse Led Outreach Team (NLOT) from the Regional Geriatrics Program of Eastern Ontario, as well as Perley Health staff, external partners, and long-term care teams from other homes whose expertise, collaboration, and support made this e-module series possible.



Hosted on Surge Learning. Accessible to all current Surge Learning clients in the Resource Centre.



- For homes that are not Surge Learning clients, we can support implementation within your existing learning management system.

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Available on
Surge Learning

New Training Module for Nurses.

1. Visit PerleyHealth.ca/knowledge-translation
2. Try a sample of the e-module
“Goals of Care Conversions During Acute Health Events”
3. Collaborate with Perley Health to implement the e-module into your education program
4. Contact: centreofexcellence@perleyhealth.ca



Scan to learn more

These standalone training modules are also part of SeeMe®: Understanding *frailty* together, a proven method to prioritize residents’ values and preferences.

Learn more at PerleyHealth.ca/knowledge-translation

About SeeMe®

Developed by Perley Health, SeeMe® is a comprehensive communications and decision-making framework backed by research and evaluation at Perley Health, one of Ontario’s largest long-term care communities.

SeeMe® is all about enhancing quality of life through each person's journey. Instead of a one-size-fits-all approach, SeeMe® prompts essential questions:

- What are the individual’s quality-of-life goals?
- How can we honour individual wishes if there is a health change?
- Which medical intervention is best aligned with the individual’s goals of care?

To learn more, contact us at centreofexcellence@perleyhealth.ca

SeeMe®
Understanding frailty together.

More evidenced-informed resources and tools available at
PerleyHealth.ca/knowledge-translation



The Perley Health Centre of Excellence in Frailty-Informed Care™ advances care for older adults living with frailty through innovative research, education, and best practice implementation.

Exceptional care, research, education and innovations at Perley Health are supported in part by the generosity of our community. To donate to the Centre of Excellence in Frailty-Informed Care™, please visit: www.PerleyHealthFoundation.ca

