

Managing Acute Health Events

Hip Fracture Pathways for Nurses and PSWs

The Challenge is Real:

How do you respect your resident's wishes during a critical health event?

Your resident's preference:
No hospital transfer for a hip fracture.



The Perley Health Solution

Through the Perley Health Centre of Excellence in Frailty-Informed Care™, we've developed two evidence-based care pathways specifically designed to address hip fractures in long-term care.

Our tailored care pathways provide nurses and PSWs with step-by-step guidance on assessment, effective pain management, and communication strategies – all focused on upholding resident goals.

These just-in-time bedside tools for hip fractures are part of a broader Acute Health Event Management resource that provides high-level clinical information for managing six common diagnoses in long-term care. They focus specifically on supporting your team to manage a hip-fracture more confidently. These pathways emphasize pain management, diagnostic considerations, symptom management, care planning, and compassionate end-of-life care, all tailored to the unique needs of long-term care residents.

Our structured, step-by-step hip fracture pathways promote interprofessional collaboration, ensuring physicians and allied health are involved in holistic decisions aligned with resident wishes. It prioritizes open communication with residents and their families, fostering trust and ensuring their choices are respected. Furthermore, it emphasizes the importance of reviewing and updating end-of-life care plans, ensuring person-centered care remains at the forefront.

Invest in your team's ability to provide exceptional, goal-oriented care, enhance resident comfort, empower staff, and provide dignity.

Take the next step towards enhanced care and staff confidence. Download the hip fracture pathways at: PerleyHealth.ca/knowledge-translation and/or contact us at centreofexcellence@perleyhealth.ca to discover how we can help your organization.

Our Tools

1. Nurses: Acute Health Event Pathway, Hip fracture/lower extremity (LE) fracture, GOC prefers NOT to transfer to Emerg.
2. PSWs: Acute Health Event Pathway, Hip fracture/lower extremity (LE) fracture, GOC prefers NOT to transfer to Emerg.

Access Acute Health Event Management Tools.

1. Visit PerleyHealth.ca/knowledge-translation
2. Download “Hip Fracture Pathways”
3. Review the pathways for elements relevant to your home.
4. Collaborate with Perley Health to adapt the resource to suit your needs.
5. Contact: centreofexcellence@perleyhealth.ca



Scan to learn more

Co-created with nurses, personal support workers, residents and point-of-care experts, These standalone hip fracture pathways and resource are part of SeeMe®: Understanding *frailty* together, a proven method to prioritize residents' values and preferences.

Learn more at PerleyHealth.ca/knowledge-translation

About SeeMe®

Developed by Perley Health, SeeMe® is a comprehensive communications and decision-making framework backed by research and evaluation at Perley Health, one of Ontario's largest long-term care communities.

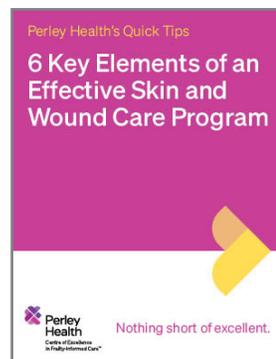
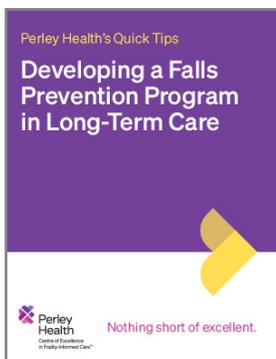
SeeMe® is all about enhancing quality of life through each person's journey. Instead of a one-size-fits-all approach, SeeMe® prompts essential questions:

- What are the individual's quality-of-life goals?
- How can we honour individual wishes if there is a health change?
- Which medical intervention is best aligned with the individual's goals of care?

SeeMe®
Understanding frailty together.

To learn more, contact us at centreofexcellence@perleyhealth.ca

More evidenced-informed resources and tools available at
PerleyHealth.ca/knowledge-translation



Video: Vimeo.com/1040440871?share=copy

The Perley Health Centre of Excellence in Frailty-Informed Care™ advances care for older adults living with frailty through innovative research, education, and best practice implementation.

Exceptional care, research, education and innovations at Perley Health are supported in part by the generosity of our community.