# A Legacy of Care. A Future of Innovation.



At Perley Health we provide specialized, person-centered care to Veterans. With roots in caring for Veterans that reach back more than 75 years, our staff have the expertise and skills to support the unique social, emotional, and clinical needs of Veterans in a clean and spacious setting with private rooms among friends and companions.

## A Community of Care

Located in Ottawa, Perley Health is one of the most progressive long-term care homes in Ontario and the largest long-term care home in Eastern Ontario. We are home to more than 600 Seniors and Veterans in long-term care and independent living apartments, providing a comprehensive range of clinical, therapeutic, and recreational services. Our Centre of Excellence in Frailty-Informed Care™ ensures that our care is backed by the latest research and best practices to support older Veterans and Seniors.

#### Perley Health Programs and Services

- Respite House at Perley Health: PerleyHealth.ca/respite-house
- Adult Day Program: PerleyHealth.ca/adult-day-program
- Care Clinic offering audiology, physiotherapy, speech therapy - stuttering/cluttering and massage therapy: PerleyHealthCareClinic.ca
- Foot Care for seniors:
  PerleyHealth.ca/foot-care-for-seniors
- Spiritual care, occupational therapy, dental clinic, specialized wound care, and advanced clinical expertise in dementia care, and a palliative approach to care

### **Active Seniors and Veterans Living Centre**

We're thrilled to announce the new Active Seniors and Veterans Living Centre by Perley Health, building on decades of experience in caring for the unique needs of Veterans.

The Active Seniors and Veterans Living Centre aims to serve all of the Ottawa and Eastern Ontario region. With support from the Perley Health Foundation, the Government of Ontario, and community partners, we offer a growing selection of affordable, accessible programming for all community members supporting engaged and purposeful aging.

PerleyHealth.ca/asvlc

#### **Enriching Activities**

- Therapeutic Recreation and Creative Arts Program
  - A range of activities addressing the physical, emotional, spiritual, social, and intellectual health and well-being of residents.

#### **Events and Celebrations for Veterans**

- Commemorating military anniversaries and other significant dates.
- Supported by a community of Veterans' organizations, government agencies, and community groups.

### Perley Health Living Well at Home™

Perley Health is proud to announce Living Well at Home<sup>™</sup>, offering care to help Seniors and Veterans live well in Ottawa and Eastern Ontario.

This program provides seamless, person-centred services, including flexible respite care and adult day programs for people living with ealrly to mid-stage dementia. We reduce barriers and simplify access to support. Veterans Affairs Canada funds a dedicated bed for a qualifying Veteran in Respite House, ensuring dignity, connection, and purpose.

PerleyHealth.ca/living-well-at-home



## **Long-Term Care for Veterans**

Perley Health is home to the Rideau Veterans Residence. There are more than 130 Veteran beds for Second World War Veterans, Korean War Veterans and other qualified Veterans. Within the Rideau Veterans Residence is a 25-bed secure unit that can safely accommodate Veterans who require higher levels of care. In addition to expert medical care, there are a variety of programs and services designed to support the social needs of Veterans, fostering a sense of community and belonging.

#### **Long-Term Care**

- Providing specialized, person-centred care to Veterans
- Long-term care beds for qualifying Veterans in the Rideau Veterans Residence.

Veterans Affairs Canada helps determine the eligibility of each Veteran for admission. For questions about personal service and eligibility, please contact Veterans Affairs Canada.

- 1-866-522-2122 (English) or
- 1-866-522-2022 (Français)
- information@vac-acc.gc.ca

### **Senior Living Independent Apartments**

Veterans and former RCMP are granted priority access.

- 139 Apartments, 2 buildings
  - 95:1 and 2 bedroom apartments
  - 40: studio apartments
  - Mixed income housing

For more information, or to view an apartment, please contact our rental office.

- 613-526-7170 ext. 2006
- rentaloffice@perleyhealth.ca
- PerleyHealth.ca/senior-living

## To learn more visit: PerleyHealth.ca/cimvhr-2025

The exceptional care that residents receive at Perley Heath is thanks in part to the generosity of our community.

Find out more: PerleyHealthFoundation.ca