

The Perley Health Centre of Excellence in Frailty-Informed Care™

An Introduction

Established in 2019, the Perley Health Centre of Excellence in Frailty-Informed Care™ aims to set a new benchmark for Senior and Veterans care, facilitating applied research that fuels innovation in education, best practices and knowledge translation. Our goal is to ensure Seniors and Veterans living with frailty receive the highest level of care, both within our walls and beyond.

The Centre of Excellence conducts practical, applied research, and uses health system data to better understand the needs of older adults and Veterans living with frailty. We focus on solutions that address each person's individual needs and we aim to find innovative solutions to care.

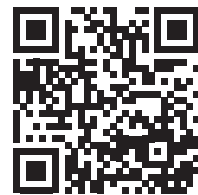
We welcome collaboration with a wide range of stakeholders who want to serve older adults and Veterans to optimize care and quality of life.

Please contact us to discuss how we can transform research into practical solutions, programs and care services to benefit older adults and Veterans across settings.



Cathy McKellar chats with husband and Veteran, Don, in a Perley Health courtyard. With roots in caring for Veterans that stretch back more than 50 years, Perley Health is home for more than 130 Veterans.

To learn more scan QR code or visit:
PerleyHealth.ca/cimvhr-2025



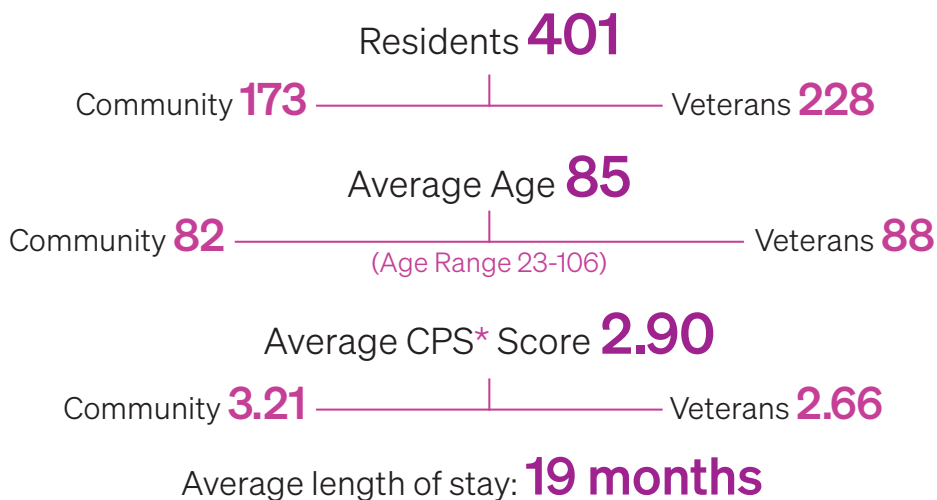
About Perley Health

Perley Health is a unique and innovative community of care that empowers Seniors and Veterans to live life to the fullest. Home to more than 600 Seniors and Veterans in long- term care and in independent apartments, Perley Health provides a number of clinical, therapeutic and recreational services to residents, tenants and people from across the region.

Perley Health is also a centre for research, education, and clinical innovation. Created in 2019, the Perley Health Centre of Excellence in Frailty-Informed Care™ conducts and shares the practical research needed to improve care. Future caregivers come here to study and to acquire hands-on skills and experience.

The Perley Health Population

Long-Term Care/Resident Overview

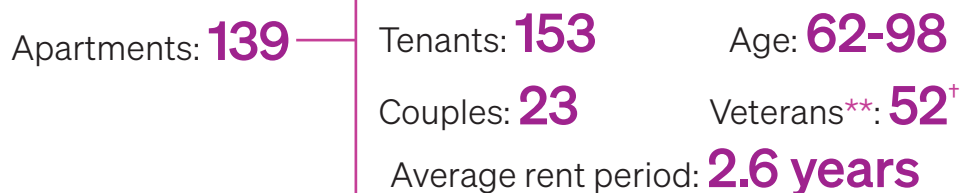


*Cognitive Performance Scale

Scores from 0-6.
Higher scores indicate more severe cognitive impairment.
Examples:
2= Mild impairment;
5= severe impairment



Senior Living/Tenant Overview



^{**} Priority access for Veterans

[†] 2024 Update

Care Options

- Assisted Living Services for High Risk Seniors (ALS-HRS):
 - A provincially funded program providing additional support to eligible tenants.

One apartment building features four floors with 10 studio apartments; shared kitchens, dining and living areas, offering supportive care in a secure environment.

Staff Overview

~800 Staff

~400 Volunteers

Allied Health - **6%**
Support Services - **20%**
Executive - **5%**
Nursing - **67%**
Physicians - **2%**

