

Between Us... BRIEFLY

*Newsletter for Residents, their Family and Friends, Staff and
Volunteers of the Perley and Rideau Veterans' Health Centre*

Volume 16, #17 June 25, 2013

Seniors Village Becoming a Reality at Perley Rideau

On Wednesday, June 19, 2013, Premier Kathleen Wynne travelled to Ottawa to officially open 45 of the new apartments specially-designed for seniors and to celebrate significant milestones in the creation of the Perley Rideau Seniors Village. These milestones include the extension of Assisted Living Services, expansion of the Adult Day and the convalescent care programs, the full accreditation by Accreditation Canada for 2011 – 2014 and the maintenance of our resident satisfaction survey results at 86%.



On hand for the celebration were **Premier Kathleen Wynne**, other dignitaries from all levels of government, health care partners, donors, key contractors, and many others that are helping build the Perley Rideau Seniors Village. Also, attending were Board Members and senior Staff from both the Health Centre and Foundation.

More than 175 guests attended the event. The day started with an early tour by Premier Wynne of Building A, led by **Greg Fougere** and **Janet Page** from CBRE.



After the tour, Premier Wynne joined the other invitees who had gathered in the Cafeteria. **Mike Jeffery** and **Peter Strum**, Chair and immediate Past Chair of the Health Centre Board made some introductory remarks, welcoming guests and outlining our accomplishments and priorities for the future including a Seniors Primary Care Clinic and Wellness Centre. Mike Jeffery recommended our recently released Report to the Community for more details. Employees, friends, and family can access this report via our website www.perleyrideau.ca.

Premier Wynne then made her address and had some very positive remarks about

“Together we improve the well-being of the people we serve.”

Perley Rideau, and was very supportive of our actions and plans.

In the words of Premier Wynne: “The Centre has recognized the real needs of seniors and has come up with a real plan to address those needs! It is truly the kind of model we need to be duplicating and replicating across the province.”

Further remarks by **Alice Wong**, the Canadian federal Minister of State for Seniors, and **Jim Watson**, Mayor of Ottawa, echoed these sentiments. Finally, our own **Grete Hale**, Honorary Co-Chair of the *Building Choices, Enriching Lives* Capital Campaign, spoke from the heart about her vision for seniors and what Perley Rideau could do to help and Perley Rideau’s need for donations to complete the \$5 million fundraising target. The Foundation was well represented by **Ray Desjardins**, **Dan Clapin**, and many other Board members.

The formalities in Lupton Hall were followed by a ribbon-cutting ceremony in front of Building B; dignitaries were joined by many of our new tenants.



In the meantime, the rest of the guests followed a bagpiper to Lupton Hall where refreshments were served and the new video on the Perley Rideau Seniors Village was shown. The video was a hit! To view from home, go to www.perleyrideau.ca/video. Additional tours of both buildings were also offered to attendees.

The feedback we received was very positive; all of our stakeholders were very impressed by our progress and achievements in the last year. We should all be very proud!

A New Chair for the Health Centre

The Annual General Meetings of the Health Centre and the Foundation were held in June. One of the key acts of these annual meetings is the election of the two Boards of Directors.

Health Centre - Effective June 6, 2013, Mike Jeffery, Health Centre Board Member since 2006, has taken over as Chair of the Health Centre Board. He replaces Peter Strum who has retired after serving 10 years in various capacities as a Board Member.

Lieutenant-General (Retired) Michael K. Jeffery, C.M.M., C.D. has over 39 years’ service in the Canadian Forces. Mike runs his own consulting business focusing on



strategic planning, change management and defense and security issues. In October 2011, Lieutenant-General Jeffery assumed the honorary appointment of Colonel Commandant, The Royal Regiment of Canadian Artillery Campaign.

Following the retirement of four of its members - **Malcolm Collins**, **Joan**

Costello, Peter Martin and Susan Pollak -, the Health Centre Board welcomed new members **Ronald Buck, Ted Gordon, Margaret Tansey and David Walden.**

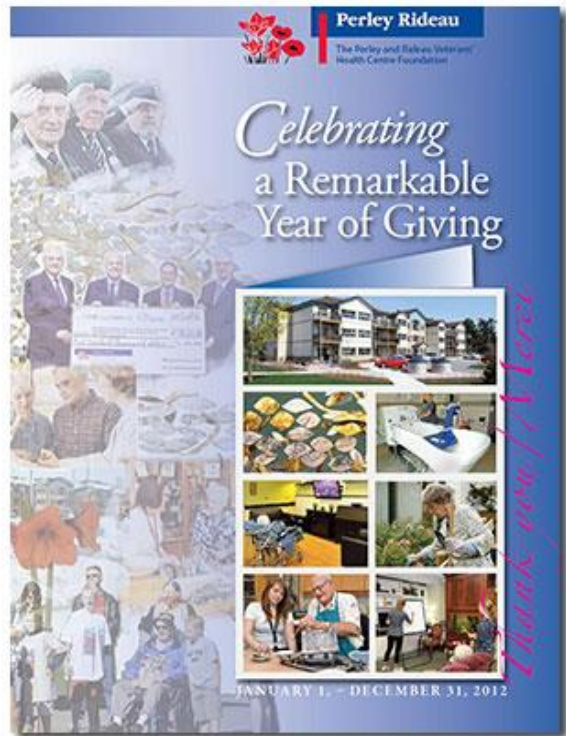
Foundation – The present chair, **Ray Desjardins**, remains. On June 17, 2013, one new Board Member was elected - **Doug Brousseau.**

New publications now available:



The second annual Report to the Community was recently issued. It highlights achievements in 2012 and plans for 2013, presents a summary of financial results, key metrics, and interesting facts and photos.

Both reports are available online: www.perleyrideau.ca or on the table located in front of the Foundation's office.



Also new is the first Foundation's Annual Report. The publication offers a look at what donors helped the Health Centre achieve in the past year. It also features the names of all our generous donors in 2012.

On my retirement, I'd like to extend my gratitude to those I've known during my career with Perley Rideau, residents, families, volunteers, visitors and veteran organizations, sitters, and staff - you have all enriched my life in so many ways. I have enjoyed working with you and wish you well in your endeavours! Thanks for the wonderful send-off party!!

Affectionately,

*Sharon Tremaine,
Recreation Therapist*

"Together we improve the well-being of the people we serve."

Vital Signs Project Gatineau 2 North



The Vital Signs Project was initiated in January with the PSWs from all three shifts on Gatineau 2 North. The goal was to teach PSWs how to take vital signs such as blood pressure, pulse, respirations, temperatures and oxygen levels.

The majority of PSWs were keen to learn and participate in this project. For some, this was a refresher, for others this was a new skill to learn. This project has given PSWs more skilled responsibilities, other than direct resident care and conforms to the current level of practice for a PSW in Ontario.

A big thank you to **Andre Charron** and **Cynthia Davis-Payne** for their hard work in coordinating and implementing the Vital Signs project on Gatineau North and to **Courtney Villeneuve** for assisting with training on nights.

We look forward to further training of PSWs working in Ottawa 2 East.

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Editor: Sylvie Moncion; **Contributors to this issue:** Kerry Tubman, Sharon Tremaine, Jo-Anne Doherty

Family and Friends Council

The mission of the Family and Friends Council (FFC) is to improve the quality of life for all residents by promoting an atmosphere of compassionate care and support among family members, friends, volunteers and staff. Participation is open to a family member of a resident or former resident of Perley Rideau or a person of importance to a resident who is committed to acting as an advocate. In addition to having monthly meetings, members of the FFC executive sit on several in-house committees. For example, FFC executives have membership on the Palliative Care Committee, the Ethics Committee, and the Restorative Care Committee. Mr. Ray Bailey, Co-chair of the FFC, is a member of the Quality of Life and Safety Committee of the Health Board. Members provide thoughtful insight into committee discussions from the perspective of a resident and/or a family member. Furthermore, members of the FFC support the Foundation's 'Night at the Races' and the golf tournament. The FFC Executive extends strong congratulations to everyone involved on the outstanding effort and results of the 3-day Perley Vibe. It was truly spectacular. Inquiries about the Family and Friends Council can be directed to Dave Doherty at 613-825-6548 or Ray Bailey at 613 741 0282; or by e-mail to familycouncil.prvhc@gmail.com

Payroll Winners - \$100

Next draw: July 4, 2013

June 6 Draw:

Cheryl Homuth – Director Community Outreach
Denise Nelson – Rideau 1 South

June 20 Draw:

Karen Gibson - Gatineau 1 North
Edward Kingdon - Rideau 1 North

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