

Perley Rideau Celebrates BPSO Pre-Designation with Launch Event and Champion Open House

By Daniela Acosta BSc., BScN, RN

More than 50 people came to Lupton Hall on Oct 20, 2016 to celebrate the Perley Rideau's commitment to improving resident care through evidenced based practices. A fun and informative event, guests had an opportunity to learn how the Perley Rideau has already started making practice changes. It was also a chance to meet and network with the Champions who are leading the project.

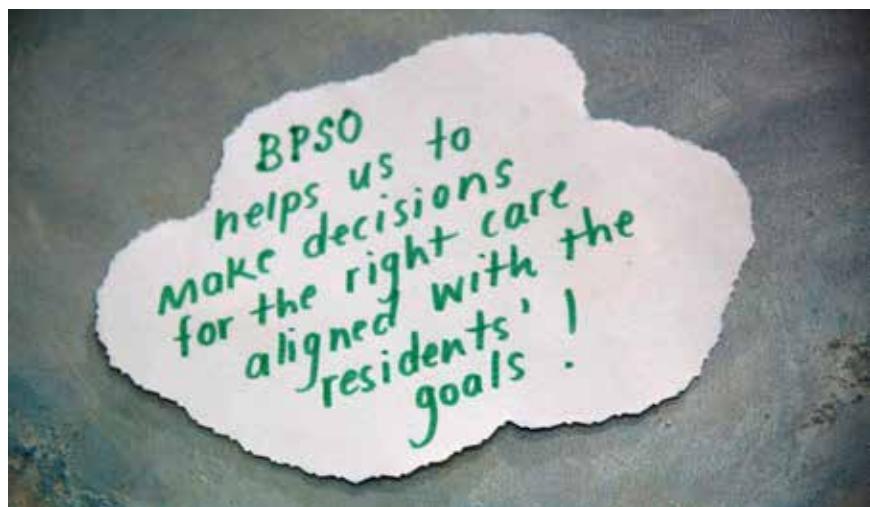
This Launch event marked the beginning of the Perley Rideau's partnership with the Registered Nurses Association of Ontario (RNAO) in order to systematically implement recommendations from the Best Practice Guidelines (BPGs). Should all the deliverables be met over the next three years, along with evidence of improved resident health outcomes, the Perley Rideau shall be designated a Best Practice Spotlight Organization (BPSO).

The event included vibrant displays from each of the four implementation teams, highlighting their work in pain management, fall prevention, skin and wound management and screening for delirium, dementia and depression. The RNAO was also represented at the festivities by Ibo MacDonald, the Perley Rideau's BPSO coach.

Akos Hoffer, CEO, Doris Jenkins, DNO, and Margaret Tansey, the Chair of Perley Rideau's Quality of Life and Safety Committee, addressed attendees with inspiring messages on the importance of quality care on resident's lives, staff culture and even the impact it can have on the Perley Rideau's future as a Centre of Excellence. To promote knowledge exchange, the event was also opened up to neighbouring healthcare facilities in the LHIN. Guests from other homes were present to share their insight into their BPSO journey. Judith Boileau, for example, came from the Montfort Hospital to deliver

an enthusiastic, keynote speech on the Montfort's successes in BPSO, champion engagement, and creating a culture of change within their facility. She also offered mentorship and support, on behalf of the Montfort, to assist the Perley Rideau on its BPSO journey.

A highlight from the event definitely includes an interactive, musical interlude from music therapist, Kathleen Johnson. As audience members tapped their tambourines and shakers to the rhythm of her guitar, she sang "Champion you, Champion me, Champion Perley Rideau family," reminding us that improving resident care requires the collective efforts of everyone involved. Of course, the event ended on a sweet note: snacks, cake and refreshments! Thanks to all who attended the event and for saying "Yes" to practice change! Stay tuned for a Night Shift Mini-Launch Event to follow.





Doris Jenkins, DNO, and Ibo MacDonald, RNAO, coach prepare to meet and greet staff.



Kathleen Johnson, music therapist debuted her original composition, Champion you, Champion me, Champion Perley Rideau family.



Staff and visitors were invited to cake and refreshments while networking and discussing the importance of quality care on resident's lives.



Along with vibrant displays, staff were invited to complete questionnaires to test their knowledge.

Photo credits: Brittany Elder