



# COVID-19 Policies: What Residents Can Expect in a Long-Term Care Home

(As of April 11<sup>th</sup>, 2022 unless otherwise specified)



## All residents may\*...

- Enjoy the company of general visitors, consistent with the individual home's vaccination policy
- Have up to four visitors (including caregivers) at a time indoors, consistent with the individual home's vaccination policy.
- Enjoy outdoor visits, with the number of visitors based on the home's policy.
- Participate in group social activities, including games, clubs and exercises.
- Have meals in the dining room, including buffet and family-style meals.
- Leave the home for all types of absences, including social day and overnight absences.

\*Unless otherwise directed by the local public health unit or when isolating

## What temporary measures are in place to safeguard long-term care homes?

- All staff, students, volunteers, caregivers, support workers and general visitors must be screened and wear masks, whether inside or outside. Those visiting indoors must also be tested.
- Continued infection prevention and control measures will be followed, including distancing between groups and dining tables, masking, hand washing and enhanced cleaning.

## What if the home is in outbreak?

Residents can expect the following if the area of the home they live in is in outbreak\*:

- Group activities, dining and social gatherings may continue in non-outbreak areas if residents can follow public health measures.
- For outbreak areas of a home, residents will be cohorted in small groups for all essential activities. Group activities for cohorts may continue/resume if operationally feasible.
- Communal dining, non-essential activities and personal care services will be suspended or modified.
- Caregivers can still visit.

\*Unless otherwise directed by the local public health unit



# COVID-19 Safety Measures for Absences

(As of April 11<sup>th</sup>, 2022 unless otherwise specified)

## Whenever outside of the home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently
- Limit their contact with others. Avoid crowds and large social gatherings with crowding.

## What happens when I return home?

### When residents return from a day or overnight absence\* they will:

- Be actively screened
- Undergo a PCR test on day five following the absence
- Not need to quarantine unless they show symptoms upon return to the home.

Note: Residents who have been COVID-19 positive in the past 90 days may not be required to undergo testing and quarantine requirements when returning from an absence unless they have symptoms of COVID-19.

\*If returning from hospital, this assumes the hospital is not in outbreak, resident is not symptomatic and has not been exposed to COVID-19. If the hospital is in outbreak the PHU will advise on testing and quarantine requirements.

## What if I come into contact with someone with COVID-19?

Residents with up-to-date COVID-19 vaccines:

- Screened on arrival and quarantined until a negative result is obtained from the day five test

Residents who do not have up-to-date vaccines:

- Screened on arrival and quarantined for 10 days with a PCR test on day five.
- All residents are still permitted to see their caregivers while in quarantine