



Perley Rideau

The Perley and Rideau  
Veterans' Health Centre



## Weekly Tenant Update

April 20, 2020

Please see message from our Director of Communications released on Sunday April 19<sup>th</sup>.

*The Perley and Rideau Veterans' Health Centre today received confirmation of a positive test result for COVID-19. This brings to five the number of staff testing positive for COVID-19. Affected staff are experiencing a variety of symptoms and self-isolating at their homes.*

*We wish them a very speedy recovery.*

*The units where these staff worked include:*

1. Rideau 1 North
2. Ottawa 2 East
3. Ottawa 1 East
4. Gatineau 2 South

*As announced on April 18, the Perley Rideau has arranged for precautionary COVID-19 testing for all Long-Term Care residents and staff across the home. Testing is underway onsite with more than 150 residents and staff members swabbed since Noon on April 18. The team is taking a risk-based approach to testing to determine the order of testing.*

*Perley Rideau continues to maintain open and transparent communications with staff, tenants, residents and families as the test are received. Additional precautions are implemented as necessary.*



*Many measures have been taken to protect residents and staff including:*

- *Contact tracing of staff movements and interactions;*
- *Twice-daily active screening of both residents and staff;*
- *Universal masking of staff;*
- *Additional housekeeping dedicated to the units where the affected staff members worked;*
- *Restricted staff movement between buildings and on units.*

*A reminder that the province has made mandatory our single-employer protocol.*

What this means for apartment tenants:

We are happy to report that we have no positive cases of COVID-19 for tenants and/or seniors housing and assisted living staff members. The staff members who tested positive so far all work in the Long-Term Care part of the facility only and have had no known contact with staff members working in the apartment buildings.

Precautionary measures put in place by the Perley Rideau apply to ALL employees which means that Seniors Housing and Assisted Living staff members will be tested for COVID-19 over the next week. Precautionary testing does not include tenants of the apartment buildings. If you have symptoms and wish to have more information about COVID-19 testing, please contact Public Health directly and notify the office as soon as possible.

Please note that all precautionary measures put in place are there to protect all of you. We have your best interest at heart and want to reassure you that necessary precautions are put in place as soon as a concern arises.

What tenants can do to help us prevent the spread within the apartments:

- Stay home. In order to spread, this virus needs physical human contact. If you avoid all contact with everyone outside of your household, you are protecting yourself and your loved ones.
- Practice good hand hygiene. Wash your hands frequently and thoroughly. Avoid touching your face (mouth, nose and eyes).
- Avoid having visitors and restrict visits to only ESSENTIAL visits. This means delivery of essential items only. Stock up on items so that you can reduce the number of deliveries from family members. We encourage those who are able to meet their loved one in the lobby and accept their delivery at the main door. This reduces the number of people travelling in the building and using the elevator. We recognise that this is not possible in all cases and are happy to help those who have concerns for delivery.



- Getting some fresh air is important. Walks around the Perley grounds is encouraged as long as you maintain proper social distancing at all times. **This means keeping 2 meters or 6 feet between you and everyone else at all times.**
- Don't offer to drive friends around in your vehicle. It is not possible to maintain proper social distancing in a vehicle. You should also refrain from getting in your loved ones cars. If it is not essential, postpone it to later.

If you have concerns about tenants or family members putting our community at risk, please report this to the office immediately.

We ALL need to do our part!