

Family and Friends Council Monthly Meeting Notes Perley Health

Date	Thursday June 19, 2025
Time	1:30 PM EST
Location	Live in the Games Room

Topics		
1	Welcome and updates	
	Welcome by Heather Moxley. A special welcome to all the new to Perley Health Family members.	
2	Management Update	
	Mary Boutette, Chief Operating Officer. Mary encourages all family members to engage with the team providing care to your loved one. Each building is supported by a Residence Care Manager and a PSW Supervisor. Rachel de Kemp is the Director of Care and her office is in the administrative area – on the second floor above where the pharmacy and clinic are. Support Services which provides many of the services for residents is also on the second floor and Lorie Stuckless is the Director.	
	Construction updates – the roofing replacement on the Ottawa building is continuing – the Gatineau building was done last year, and Rideau is scheduled for 2026.	
	Approval was received from the government to open an Intergenerational Childcare (daycare) within Perley Health in the space across from the Pharmacy has gone out to tender for the addition that would be added to the south side of that area. The partner in this project is Andrew Fleck Childcare Services.	
	Expansion of the Long Term Care and Independent apartment spaces on the campus is still in the exploration phase. License approval for the spots has been received, but the final decisions about viability have not been made.	

Staffing – the staffing levels are at a quite good level. This provides the flexibility to grant vacation time for the staff while maintaining staffing levels on the units.

Quality Improvement work – there are a number of active projects – two in particular are:

- Warm Welcome Project is being rolled out to new residents/families. The next project in this group is to revamp the Welcome Book.
- 2. Care Conferences the structure of the conferences is being evaluated.

If you are interested in being engaged in either of these projects please contact – Melissa Norman, Director, Quality and Interprofessional Care, mnorman@perleyhealth.ca or Rachel de Kemp, Director, Nursing, rdekemp@perleyhealth.ca

Strategic Plan – Perley Health is in the process of creating an updated Strategic Plan and will be engaging staff, residents, families, the community and other stakeholders in the exercise. During July focus groups will be held, with one in particular engaging families. There will be emails sent about the details over the next couple of weeks.

On Wednesday, June 18th, Akos Hoffer, CEO Perley Health, hosted a virtual townhall. The session can be viewed on the website. Check out "Town Hall - June 2025-Final" from Perley Health on Vimeo. The video is available for your viewing pleasure at https://vimeo.com/1094446142

Project participation opportunities

Some invitations to participate...

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- Michaela Adams, Research Associate, Centre of Excellence, <u>madams@perleyhealth.ca</u> and Daniela Acosta, Manager, Education & Knowledge Translation, <u>dacosta@perleyhealth.ca</u> are working on two e-learning modules for staff training – the focus is on having discussions with residents and families at times of crisis. If you have suggestions or would like to get engaged in the discussions please contact Michaela or Daniela.
- 2. Kayne Park, Post Doctoral Fellow, provided an overview of a Robotics project. The poster for the project follows the notes, and you are welcome to contact Kayne for further information. "We are recruiting for an exciting research study to improve engagement in physical activity!"

4	Palliative Care and End of Life
	Samantha Hallgren, Psychogeriatric & Palliative Care Registered Nurse, and Jessie Stephenson, Spiritual Care Practitioner, presented an empathetic view of palliative care at Perley Health. Their presentation is attached.
5	Wrap up
	Thank you to all the families and friends for joining us today. Also thank you to all the staff that prepared for and presented at the meeting.
	We look forward to hearing your suggestions for future topics.
	The next meeting will be Thursday, September 18 th .

Poster for the Robotics project



Samantha and Jessie's presentation on Palliative Care and End of Life

