



Date	Thursday May 15, 2025
Time	1:30 PM EST
Location	Zoom

Topics	
1	Welcome and updates
	Welcome by Heather Moxley. A special welcome to all the new to Perley Health Family members.
2	Management Update
	<u>Mary Boutette</u> , Chief Operating Officer. Mary encourages all family members to engage with the team providing care to your loved one. Each building is supported by a Residence Care Manager – Kerry Tubman (Gatineau), Sam Diceman (Rideau), and Stephanie Kim (Ottawa). Each building also has a PSW Supervisor.
	Mary recognized the tragic accident of an independent resident near the Trainyards. Perley Health is supporting the Ottawa police in the investigation.
	Mary noted that the unit courtyards opened for the season on April 24 th . BBQ season will start June 2 and rotate though each unit
	Strawberry Social for the residents and families will be on Wednesday June 11.
	Question about notices for appointments at the Care Clinic. Mary to raise the discussion with Andrea Liu, the clinic manager and Andrea will close the loop with the family member.
	Mary confirmed that the Adult Day Program has consolidated with the Respite program in Respite House. This is in the building at the west end of the parking lot.
	Continued expansion of the Perley Health mandate for supporting Seniors and residents in Long Term Care in the community. There are a

	<p>number of programs and programs being considered. A milestone approach studying the options is being used. Each milestone will take the planning to a higher degree of detail and precision.</p> <p>In a continued effort to investigate options Mary visited a small home model of care in Comox, B.C. - Providence Living at the Views. This is a public, non-profit long term care village. Smaller groups of 12 residents form the basis for the structure.</p>
3	<p>Mind Your Brain Health</p> <p>German Chique-Alfonzo joined us to provide an overview of Dementia and the Dementia Society of Ottawa and Renfrew County. The presentation is attached to the notes. The key focus on the talk was about managing brain health, and it was encouraging to see that newer studies are identifying behaviours and habits that can support our brain health.</p>
4	<p>Wrap up</p> <p>A repeated welcome and thank you to all the families and friends who attended.</p> <p>We would be very happy to hear your ideas for the content of future Family and Friends Council meetings. Please email familycouncil.perleyhealth@gmail.com.</p> <p>The next meeting will be LIVE Thursday, June 19th at 1:30pm, in the Games Room. Samantha Hallgren, Psychogeriatric & Palliative Care Registered Nurse, and Jessie Stephenson, Spiritual Care Practitioner, will join us for some insightful discussions.</p>