

Family and Friends Council Monthly Meeting Notes Perley Health

Date	Thursday May 18, 2023
Time	6:30 PM EST
Location	Zoom

Topics		
	Resident Care Liaison	
	 Mary Boutette, Chief Operating Officer (COO), shared key contacts. The managers of resident care are responsible for day-to-day 	
	provision of consistent quality person-centered care.	
1	For nursing and care matters that are not addressed at the unit level with the registered staff, caregivers and visitors can contact resident care managers at 613-526-7170 and their extension:	
	 For Gatineau building: Kerry Tubman, ext. 2110. For Rideau building: Samantha Diceman, ext. 2113. For Ottawa building: Stephanie Kim, ext. 2405. 	
2	Hours of Care	
	Mary Boutette, COO, presented the Ministry of Health and Long-Term Care regulations on direct hours of care regulations and emphasized latest results for Perley.	
	This multi-year commitment targets direct care (e.g. nursing) and allied health sector-wide averages in the province.	
	While funding is calculated on resident days (i.e. empty beds are not included), long-term care homes are expected to balance needs without tracking at the individual level.	
	The Ministry established fiscal year (FY) increases towards goal of 4h of direct care and 36min of allied health by March 31st, 2025.	

- Perley is expecting to comply with, or exceed, targets by the target date and is currently surpassing FY 2022 periodic increases:
 - o For direct care: 3h and 47min on March 31st, 2023.
 - o For allied health: 52min on December 31st, 2022.
- Funding for **direct care** is eligible for working hours of personal support workers (PSW), registered practical nurses (RPN), nurse practitioner (NP) and registered nurses (RN) providing direct care.
 - Recent positions added to support are:
 - One (1) PSW in each building day and evening shift;
 - One (1) skin and wound RPN:
 - One (1) footcare RPN;
 - One (1) NP at full scope in Ottawa building; and
 - One (1) behavioural support worker (BSO).
- Note that long-term care homes cannot use Ministry funds for special equipment reprocessing and administrative components which explains why footcare is a paid service.
- Funding for allied health is eligible for working hours in occupational therapy, occupational therapy assistance, spiritual care, and recreation.
 - Recent positions added to support are:
 - One (1) resident care liaison;
 - One (1) recreation therapist;
 - One (1) recreation programmer;
 - One (1) occupational therapist (OT); and
 - One (1) infection prevention and control consultant.
- As a non-for-profit organization, Perley endeavours to use all available funds to build and maintain robust teams. Management is of the opinion that there is a huge value to allied health and desires to see an increase of funding in this area.
- Plans are to explore additional night staffing and continue to address retention, recruitment, and absenteeism challenges.
- To review Perley data, consult the presentation sent to FFC members.
- For more information related to the regulations, consult the Act.

General Management Update

Mary Boutette, COO, continued to inform on several matters.

- Perley reinstated the unit clerk role on each building floor.
- Perley continues to exclude the Ministry's provisions for PSW
 medication administration. RPNs have primary responsibility for
 medication with care overseen by a physician. Perley will engage
 in discussions if the situation changes.
- There are two (2) spiritual care providers at Perley who support all residents, staff, volunteers, and family members. Although church attendance has declined, Perley reassured it will continue to offer Roman Catholic mass at 10:00 AM on Thursdays and Sundays. Mass is open to all members of the Perley community.
- Perley confirms that ecumenical services will return in September. Services will occur on the 1st and 3rd Tuesday of each month led by their local church community.
- Perley will hold hymn singing on the 2nd Friday of every month, beginning July 14th, led by one of Perley's music therapists. Residents will be able to request their favourite hymns.
- Perley announced **new exterior improvements** projects:
 - Repair of all sidewalks around Perley.
 - o Refurbishing of patio outside by Gatineau corridor.
 - o Installation of a shed with outdoor lawn games.
 - o Preservation of one (1) putting hole in mini-put area.
- Perley discussed gardening and courtyards update. They are considering contracting periodical seasonal lawn maintenance to a landscaping firm:
 - The Ottawa Gardening Club maintains Rideau courtyards.
 - Workplace volunteer programs and students assist.
 - If interested in donating flowers or plants, or assisting with courtyard upkeep, connect with the Recreation Therapist:
 - For Gatineau building: Dave Harris, ext. 7735
 - For Rideau building: Rachel Dobson, ext 7307.
 - For Ottawa building: <u>Laura Torontow</u>, ext. 7435.

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- Perley will provide a current list of ophthalmology services.
- Perley shared plans for interior painting and small improvements.
 Areas will be going through **refurbishment** as part of a multi-year project. The creative arts team aims to create warm and welcoming communal environments and will start by rehanging art in R1N. Perley is also looking at a new room number and picture display.
- The Director of Support Services is following up with the laundry team following delivery delay feedback. The return process, which turnaround standard remains 48h, will be audited internally.
 Adjustments will be made as required.
- Perley specified that, historically, there were 250 beds
 designated for qualified Veterans with eligibility determined by
 Veterans Affairs Canada (i.e. Veterans of World War II and the
 Korean War). To reflect the current demand, there will be 130
 designated beds moving forward at the Rideau building and a
 new, broader category of eligibility which includes Veterans who
 did not serve overseas. Today, there are approximately 170
 Veterans living at Perley including those in the new category.