

Family and Friends Council Monthly Meeting Notes Perley Health

Date	Thursday April 20, 2023
Time	6:30 PM EST
Location	Zoom

Topics		
1	Foot Care	
	 Rachel de Kemp, Director of Nursing, provided an update on foot care. Perley continues to transition and provide its in-house foot care service supplied by one full-time registered practical nurse (RPN). The service is available to all residents with power of attorney (POA) consent, or they may continue using a third-party provider if desired. The RPN performs an initial assessment, provides periodic follow-up on each patient and documents in the patient file for the Perley staff. For more information, contact the RPN at (613) 526-7170 ext. 2228. 	
2	Ministry of Health and Long-term Care COVID-19 Guidance	
	 Rachel de Kemp, Director of Nursing, provided an update on the Ministry of Health and Long-Term Care COVID-19 guidance. Perley highlights changes implemented to reflect the Ministry of Health guidance published on March 31st; 	
	 Elimination of swabbing for staff, caregivers and visitors. Elimination of daily temperature checks for residents. Elimination of absence return temperature check for residents. Elimination of active screening for staff, caregivers and visitors. Urging of passive screening for staff, caregivers and visitors. Suspension of COVID-19 vaccination policy. Suspension of social distancing needs in activities for residents. 	

- The number of visitors is no longer restricted during an outbreak in a unit unless directed by Perley who monitors on a case-by-case basis.
- Masking control measures remain. Caregivers and visitors can remove their mask outside or in their resident's room. Staff can remove theirs outside unless in close contact (6ft) with a resident.
- The COVID-19 booster dose remains recommended for all residents in long-term care at intervals of six months. The vaccine team is currently focusing on Tetanus (DT) and pneumococcal (Pneumovax) vaccines updates. COVID-19 boosters will be the ensuing focus.
- Support Services added tables in the corridor from the main entrance located on the first floor to allow caregivers and visitors to share a coffee or a meal with their resident. This is possible as the long-term care home starts at the double-sliding doors (i.e. where 1750 is dialed to exit). It has been recommended to add signage for visibility.
- For more information, consult the <u>COVID-19 Guidance</u>.

Exterior Access and Infrastructure

Rachel de Kemp, Director of Nursing, provided an update on Perley Health courtyard access and infrastructure.

- Following an internal compliance inspection to ensure adequate conditions, the courtyard will **open** on May 1st weather permitting.
- Perley highlights **improvements** to exterior infrastructure:
 - Addition of a patio and shade shelter by the Ottawa entrance.
 - o Construction of a gazebo in the courtyard during the Spring.
 - o Addition of a shade shelter for the patio pub.
 - Addition of benches in the courtyard after May 1st.
- Support Services is in tendering process for sidewalk improvements.
- Starting April 17th, caregivers with a FOB can enter by the Gatineau and Rideau buildings. The Ottawa entrance is restricted due to construction. Visitors, and those without FOBs, must continue to enter by the main entrance and sign in. FOBs can access the courtyard.
- To discuss FOBs, contact Support Services. Their office is on the second floor at the top of the stairs by the double-sliding doors.

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4	PSW Medication Administration
	Rachel de Kemp, Director of Nursing, confirmed the Perley is currently not considering the Ontario government's regulations related to personal support worker (PSW) medication administration proposal .
	Perley is of the opinion that there is a lack of guidance to safely introduce the proposal. A clear framework, including parameters and education, is required.
	Family and friends voiced their concerns and desire for consultation.
5	Quality-of-Life (QOL)
	Melissa Norman, Director of Quality and Interprofessional Care, presented the latest additions to the quality improvement plan (QIP) and 2022 InterRAI survey results.
	Social Life and Food and Dining experience are areas of focus. They were included as late additions to the 2022/2023 QIP due to the delay in receiving 2021 results.
	Perley formed three separate improvement teams:
	 The staff and resident social life improvement team. The staff and family social life improvement team. The staff, resident and family food/dining experience team.
	Perley is leveraging innovative solutions to enhance resident engagement including interactive and app-based solutions. In fact, a Magic Table will be trialed from May to September in R1N.
	Committees with monthly meetings have been reestablished with focus on feedback to get pulse of residents and family and friends.
	The 2022 Family survey received 102 electronic and paper copy responses. Results are consistent with the previous year:
	 Highest scores are respect (92%) and comfort (87%). Lowest scores are food and meals (62%) and activities and belonging (27%).
	A copy of the presentation will be sent to FFC members.