

Perley Health Holiday Update

With the holidays fast approaching we share news and updates on the following:

1. Turkey dinner celebrations and holiday visitors
2. Resident off-site visits
3. Cafeteria: A reminder to maintain physical distancing in the Cafeteria, in accordance with Ministry rules
4. Activities continue throughout the holidays
5. Family dining rooms on units
6. Tourtières for sale online
7. Apartment tenants from Commissionaires Ottawa Place now permitted access through the second floor glass doors
8. Free Holiday WiFi
9. Holiday Hours for the Hair Salon
10. Watch for the Perley Health Holiday Variety Show
11. Swab Clinic holiday hours

Turkey Dinners

- Each unit will have a turkey dinner celebration.
- Residents will be served the turkey dinner at lunch on December 25th from the unit kitchens.
- Residents are able to enjoy these celebrations with their co-residents on the units.
- On Christmas Day, there will be an opportunity for one family member to join a resident in their room for a special meal.
- Physical distancing (2m/6 ft) must be maintained during the meal.
- Visitors may pre-purchase a turkey dinner meal from the Cafeteria through our online store: <https://perleyhealthstore.ca>
- Tickets will be on sale until December 16th, 2021.

Residents Off-Site Visits

- Residents may join families for off-site celebrations.
- We ask that you speak with the nurse on the unit for details.
- For a list of important contact numbers, please visit: <https://www.perleyhealth.ca/essential-information>

Cafeteria

- The Cafeteria remains open for meals or beverages with a loved one.
- We ask that everyone continue to follow all safety protocols, as outlined by the Ministry.
- If a visitor is removing their mask to eat, they must be physical distanced (2 m/6 ft away) from others.
- Please note that at large tables, there are only two people permitted to eat at the large tables.
- Staff will continue to support visitors to follow safety protocols through education. Thank you for your patience and understanding.

Activities Continue Throughout the Holiday

- Please view the activity calendars for details
- Note that some activities are open to families, space permitting.

Family Dining Rooms on Units Closed

- At this time, families cannot book the family dining rooms on units.
- We are unable to support family meals onsite as the regulations in long-term care continue to require maintaining distancing from one another during meals.

Tourtières for Sale Online

- Again this year, we are selling tourtières for pick up.
- Orders are accepted until Dec 10th.
- Tourtières can be picked up December 13th – December 17th
- To find out more and purchase, please visit: <https://perleyhealthstore.ca>

Welcome Tenants

As of today, we welcome apartment tenants from Commissionaires Ottawa Place who can now proceed through screening while following all safety protocols to now enter the main building through the glass doors on the second floor of Commissionaires Ottawa Place.

Free Holiday WiFi

Again this year, Perley Health will provide free WIFI for the holiday season from December 24th, 2021 to January 4th, 2022.

The WIFI will be called "Perley Xmas". A password will not be required.

Holiday Hours for the Hair Salon

Contact: hairdresserbarber@perleyhealth.ca

Phone: 613-526-7153

Web: <https://www.perleyhealth.ca/village-services>

December 23 9:30am – 3:30pm

December 24 CLOSED

December 25 CLOSED

December 26 CLOSED

December 27 CLOSED

December 28 CLOSED

December 29 9:30am – 3:30pm

December 30 10:30am – 3:30pm

Watch for the Perley Health Holiday Variety Show



As of December 25th, this COVID-19 safe concert can be enjoyed on the Perley Health Facebook page and on our website (view the 2020 videos now:

<https://www.perleyhealth.ca/holiday-videos>



<https://www.facebook.com/perleyhealth/videos/>

Swab Clinic Holiday Season Hours

As we are approaching the holiday season, we anticipate more visitors coming to Perley Health to meet their loved ones. As always, we are working proactively, with resources at hand, to be able to accommodate everyone while following Infection Prevention and Control (IPAC) protocols as laid out per the Minister's directive and Ottawa Public Health.

- General Visitors who are non/partially immunized, need a Rapid Antigen Test the day of (calendar day and not 24 hours) their visit to be permitted entry to Perley Health.
Please note: This also applies to children aged 2 years and above.

For Christmas and New Year's, the Swab Clinic hours are being adjusted to ensure access to on-site Rapid Antigen testing as much as possible.

Clinic Hours

Date	Day	Swab clinic hours	Closed for Lunch
Dec 21st, 2021	Tuesday	0700-1445	1130-1200
Dec 22nd, 2021	Wednesday	CLOSED	
Dec 23rd, 2021	Thursday	1000-1745	1430-1500
Dec 24th, 2021	Friday	1000-1745	1430-1500
Dec 25th, 2021	Saturday	1000-1745	1430-1500
Dec 26th, 2021	Sunday	1000-1745	1430-1500
Dec 27th, 2021	Monday	CLOSED	
Dec 28th, 2021	Tuesday	1000-1745	1430-1500
Dec 29th, 2021	Wednesday	CLOSED	
Dec 30th, 2021	Thursday	1000-1745	1430-1500
Dec 31st, 2021	Friday	1000-1745	1430-1500
Jan 1st, 2022	Saturday	1000-1745	1430-1500
Jan 2nd, 2022	Sunday	CLOSED	
Jan 3rd, 2022	Monday	CLOSED	
Jan 4th, 2022	Tuesday	0700-1445	1130-1200

Please note, we are doing our best to balance staff needs at the bedside as well as making the clinic available.

If you are not able to visit during the Swab Clinic hours, please visit a local pharmacy for Rapid Antigen Testing and bring the results for validation at Perley Health.

Thank you for your understanding. Please continue to play your part in keeping the Perley Health community safe.

Jay Innes
Director of Communications