

Caring for the Future 2018 Spring Update

The first part of 2018 has been an exciting and busy time at the Perley and Rideau Veterans' Health Centre. In late April, the Province of Ontario announced funding for long-term care and allocated 84 new beds to the Perley Rideau. We are now working to explore the feasibility of this opportunity.

Also in April, we opened a 20-bed unit to provide care to people with dementia who are exhibiting responsive behaviours. It is the only unit of its kind in the region. Our expertise in caring for seniors with early to mid-stage dementia will help ensure this unit maximizes its benefit to the region.

Another significant accomplishment came in March, when we opened an innovative, 20-bed unit to provide subacute care to frail seniors – the first unit of its kind in Ontario.

All of these developments demonstrate the Perley Rideau's continued value to the healthcare system and to the community. This is a major goal articulated in our 15-year Strategic Plan. The Plan will enable us to manage the significant challenges and opportunities emerging due to shifts in demographics and funding models.

Other recent accomplishments include:

Accreditation Canada awarded the Perley Rideau Accreditation with Exemplary Standing, the highest level, in March. Accreditation Canada is an independent, not-forprofit organization that sets standards for healthcare quality and safety, and accredits organizations across Canada and around the world. The Perley Rideau met all 533 of the criteria Accreditation Canada evaluated for everything from infection control and emergency preparedness to safety and governance.

Quality Improvement Plan (QIP) update. The QIP is a roadmap to achieving excellence in resident care and services, while navigating challenges and opportunities in our environment. Annual QIP updates enable the Perley Rideau to apply best practices in seniors' care and to make specific improvements based on emerging trends. To support our commitment to openness and transparency on our journey of continuous improvement, the updated QIP is posted to our website.

In April, more than 50 staff from the Perley Rideau and Bruyère Continuing Care gathered for a workshop on the use of antipsychotics when caring for our residents. This research reinforces one of the key objectives in this year's QIP and supports our participation in the Canadian Foundation for Healthcare Improvement's Appropriate Use of Antipsychotics Collaborative.

RNAO Best Practice Spotlight Organization: Entering the third and final year of our journey to become a Best Practice Spotlight Organization of the Registered Nurses Association of Ontario, staff continue to develop and evaluate best practices. The Association shares proven best practices with other long-term care homes, the initiative promises to further improve

the quality of care delivered to residents not only of Perley Rideau, but also of other long-term care homes. It's yet another way that we increase our contribution to the healthcare system and to the community.



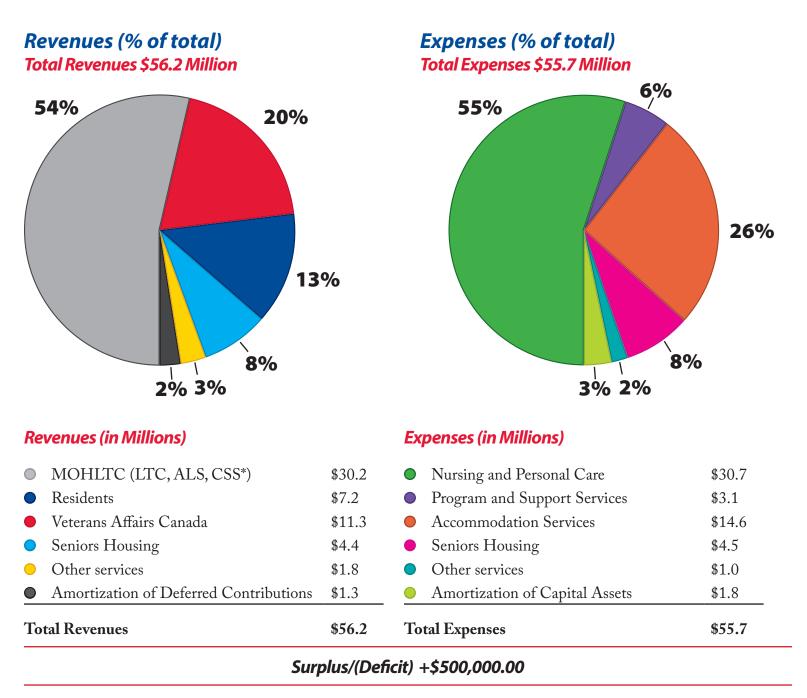


1

Financial Highlights

The excess of revenues over expenses increased by approximately \$130,000 over the previous year as the decline in expenses (0.70%) was greater than the decline in revenues (0.50%) as the organization adeptly managed expenses as occupancy levels were slightly below the 2016 levels. Overall financial sustainability is being strengthened as we continue to diversify our sources of revenue as evidenced by the growth in ancillary revenue which is now 10.9% versus 1.8% in 2010.

The Perley Rideau continues to invest in and protect its infrastructure by spending approximately \$1,159,000 on capital expenditures to modernize and refurbish the facility.



2

*LTC: Long-Term Care; ALS: Assisted Living Services; CSS: Community Support Services

The Perley Rideau Veterans' Health Centre